

# Learn by Doing

**Choice**

## Sharing Sunshine Box

The sun is a reflection or image of the Lord's love for all people. It can also be an image of our love for the Lord and for our fellow human beings. Students will create a box to share the Lord's love with another person.

1. Can you describe your experiences of sunshine. What does it feel like? What are its qualities? In what ways is sunshine like love?
2. Because love is a spiritual quality, there isn't a limited amount of it.
3. While sunshine is natural and physical, we can see similarities. If someone else is in the sun with you, it doesn't mean you have any less of it (unless you are in their shadow).
4. The same is true of love. If you have younger siblings, your parents may have told you when they were born that it wouldn't mean that they would love you any less. They might well have less time and attention to spend with you, though! Time and attention are limited because of the laws of the natural world. Love is not.
5. The Lord's love, especially, is infinite. Listen to a 3 part definition of the Lord's love: The essence of God's love consists of three things. He loves others outside of Himself. He wants to be conjoined with others. He wishes to make others happy from Himself. (See *True Christian Religion* 43:1.)
6. You are going to make a box to help spread the sunshine of the Lord's love to someone who might not be feeling His warmth right now. If you know of someone who is struggling—physically or emotionally—and could use a box, you may wish to take it home and give them yourself. If you don't have someone in mind, give your box to a pastor to give to someone who is sick or hurting.
7. Distribute pp. 3-5 along with scissors and tape.
8. Read the quotations on p. 5 aloud together. Then have students assemble the boxes and make the quotation cards.
9. *Optional*: distribute candies to put in the boxes.



### Materials for Each Student

3 project pages printed on stiff paper—yellow or orange if possible; scissors; tape; *optional*: selection of fancy pens and markers such as gel, glitter, etc.; individually wrapped orange or yellow hard candies to share, e.g. butterscotch

### Prepare in Advance

copy pp. 3-5 onto stiff paper. Create a sample to show students. Ask your Pastor if they will distribute boxes on pastoral care visits.

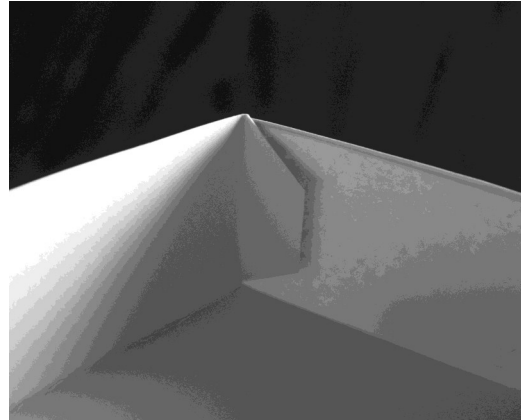
### Activity Hint!

If time is limited, have 2 students work together on 1 box, one putting together the lid and one the base. Each can create 1-2 quotation cards to put inside.

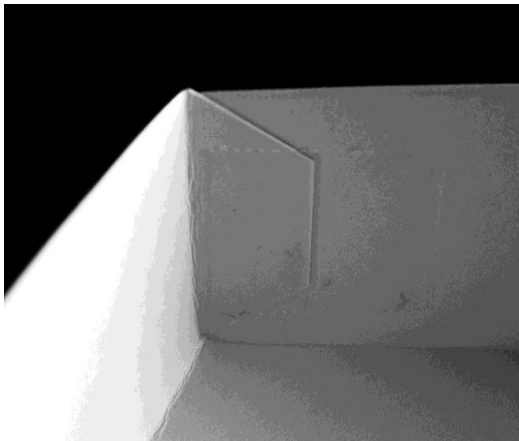
## Sharing Sunshine Box Folding Directions



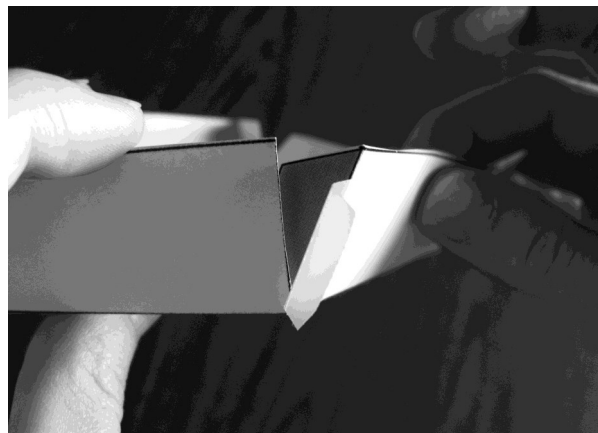
1. Cut out the lid of the box. Fold the sides down by pinching in the center of the line above the quotation and creasing along the lines to the edges.



2. Fold the shaded flaps in and tuck them under the sides of the lid. Tape the corners of the box together.



3. Tape the flaps down on the inside of the box lid.



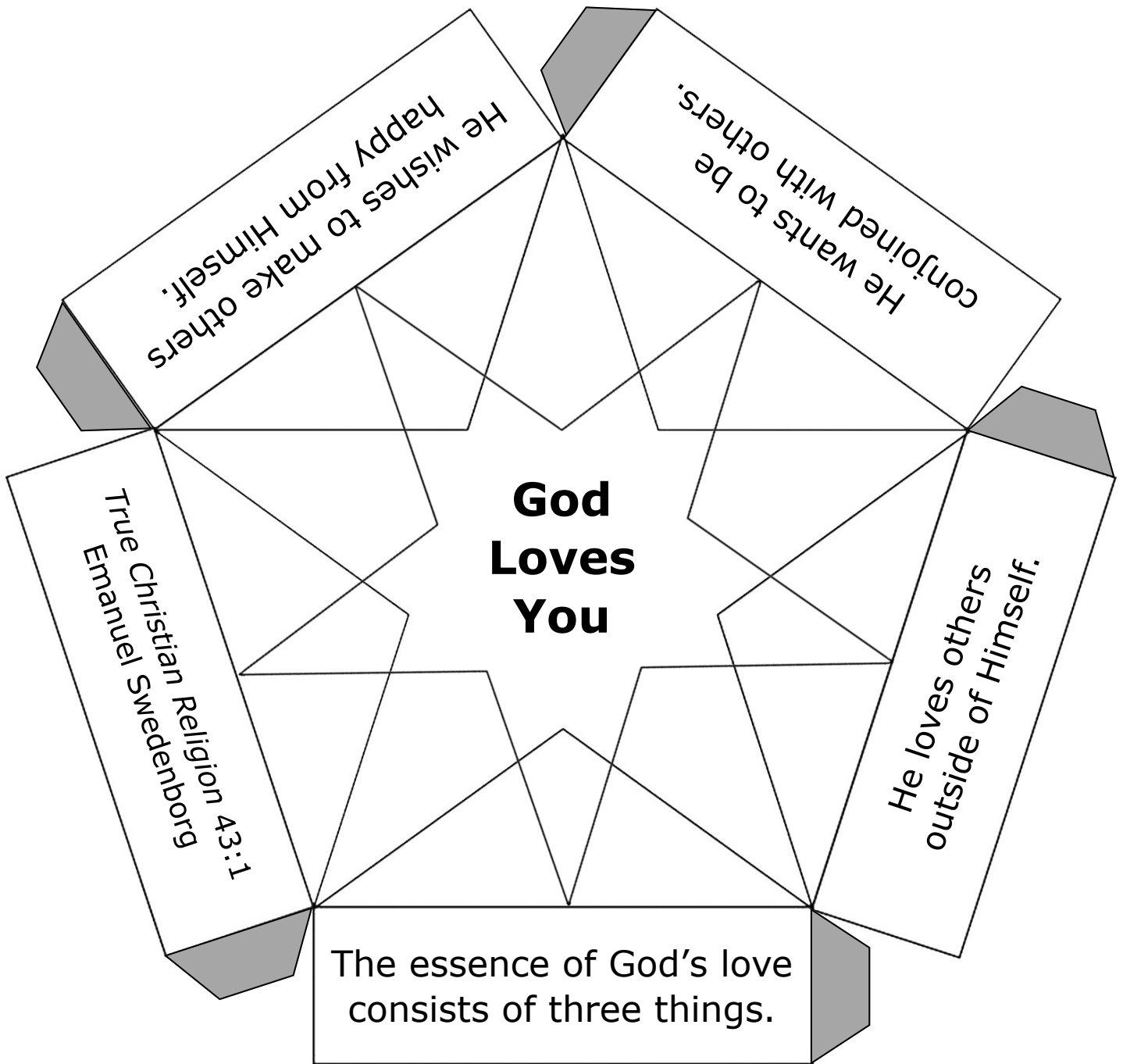
4. Follow steps 1-3 with the box base as well.



5. Follow the instructions on the Quotations Page to create quotation cards.



6. Put the quotation cards in the Sunshine Box. *Optional:* add a few sunshine colored candies. Have a "piece of sunshine" yourself and think about how the Lord loves you while you eat it! Have a second piece and think about how you can spread the Lord's love to other people!



**God  
Loves  
You**

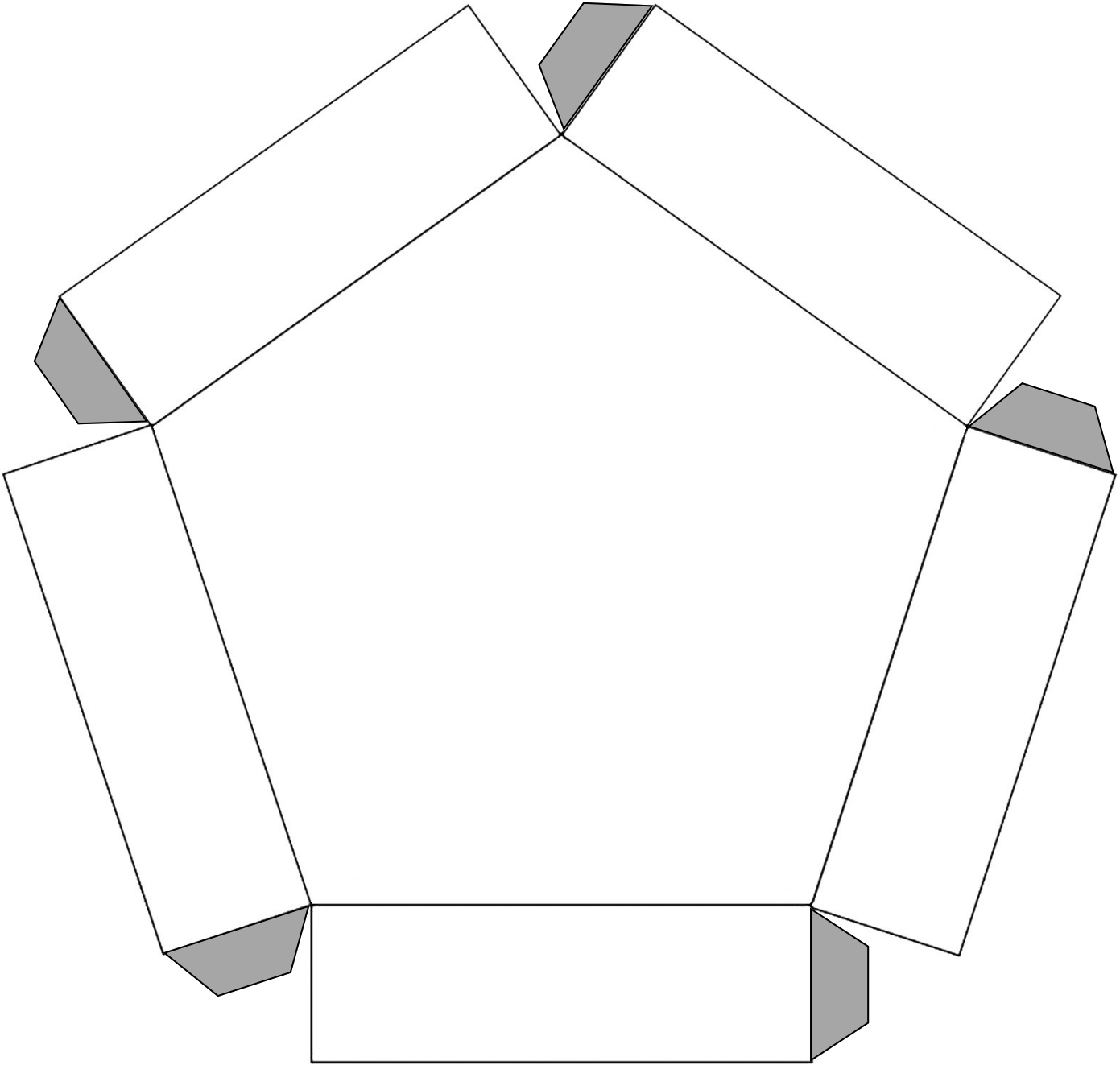
He wishes to make others  
happy from Himself.

He wants to be  
conjoined with others.

He loves others  
outside of Himself.

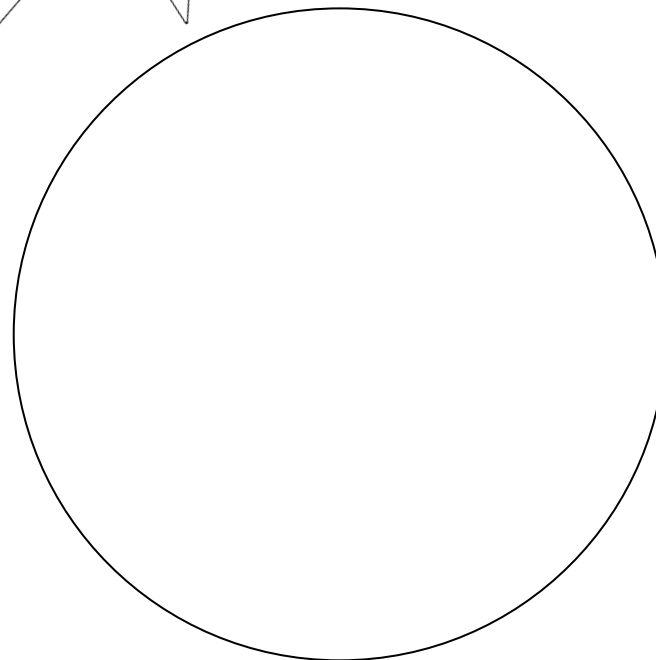
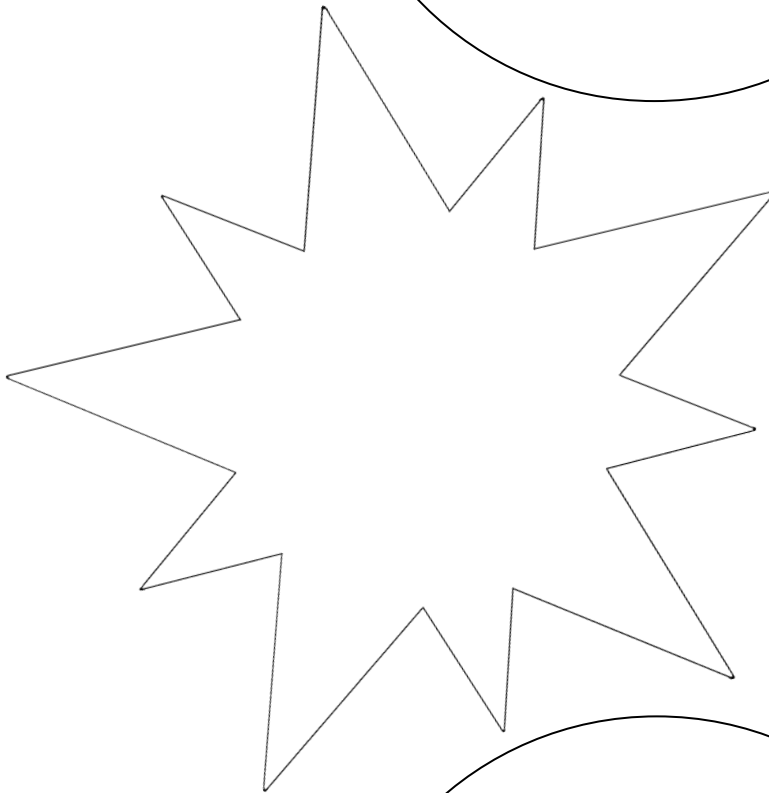
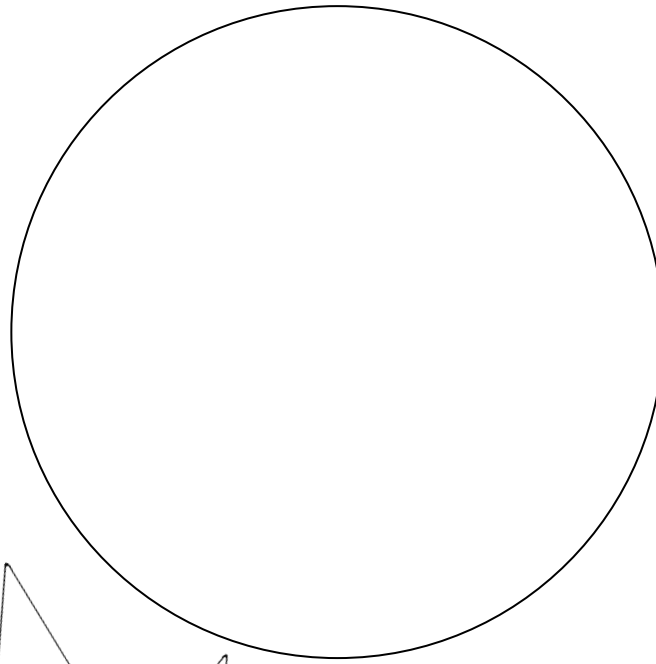
The essence of God's love  
consists of three things.

True Christian Religion  
Emanuel Swedenborg 43:1



Sharing Sunshine Box Base

1. Cut out the shapes below. Choose quotations to cut out and glue onto the shapes. Choose quotations that you find inspiring and comforting.



2. Write a personal message on the other side of one or more of the shapes. Possible messages include "The Lord loves you." "Keep going. Someone always cares", etc.
3. If you have time, add decorations to the cards.

The Lord God is a sun and shield; the Lord will give grace and glory; no good thing will He withhold from those who walk uprightly.

Psalm 84:11

The sun shall no longer be your light by the day...for the Lord will be to you an everlasting light.

Isaiah 60:19-20

As surely as the sun rises, the Lord will appear.

Hosea 6:3

God makes His sun rise on the evil and on the good, and sends rain on the just and on the unjust.

Matthew 5:45

The sun symbolizes the Lord's Divine Love and also people's love for the Lord.

*Apocalypse Explained* 401:3

Let those who love Him be like the sun when it comes out in full strength.

Judges 5:31

He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun.

Psalm 37:6

The righteous will shine forth like the sun in the kingdom of their Father.

Matthew 13:43

The Lord is in the center of the sun that is in the spiritual world. He flows from that sun, by means of heat and light, into the whole spiritual world and all the people there.

He also flows, from the spiritual sun with the same heat and light, into the souls and minds of people in the natural world.

*True Christian Religion* 641:2