

Make: Ten Commandments In Our Hearts Necklace

Having truth in our hearts is not just knowing the truth or even obeying it, but also loving it and doing it whenever we can. In this activity, children make a heart with a doorway that opens to show the Ten Commandments.



Materials Needed for Each Student

- heart page printed on red paper (see following page)
- copy of the Ten Commandments (choose either English or Hebrew) printed on white paper (see following page)
- scissors
- hole punch
- glue
- piece of yarn (wool) cut to approximately 24" (60 cm) for making a necklace
- *optional*: glitter and decorations for the heart

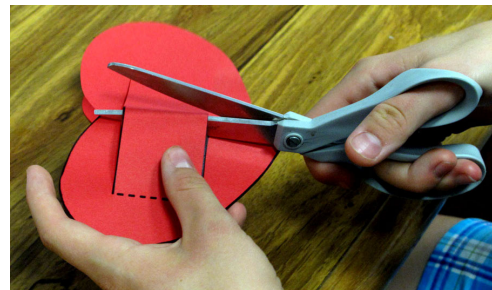
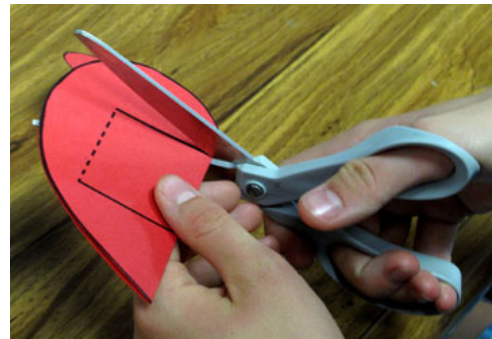
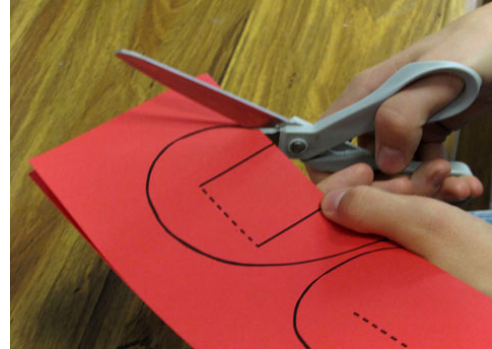
Note: The Ten Commandments were first given to Moses on two tables of stone, written in Hebrew by the finger of God. The Ten Commandments in Hebrew provided for this activity is a depiction of those tables. You can choose to use this picture with your students or use the Commandments in English.

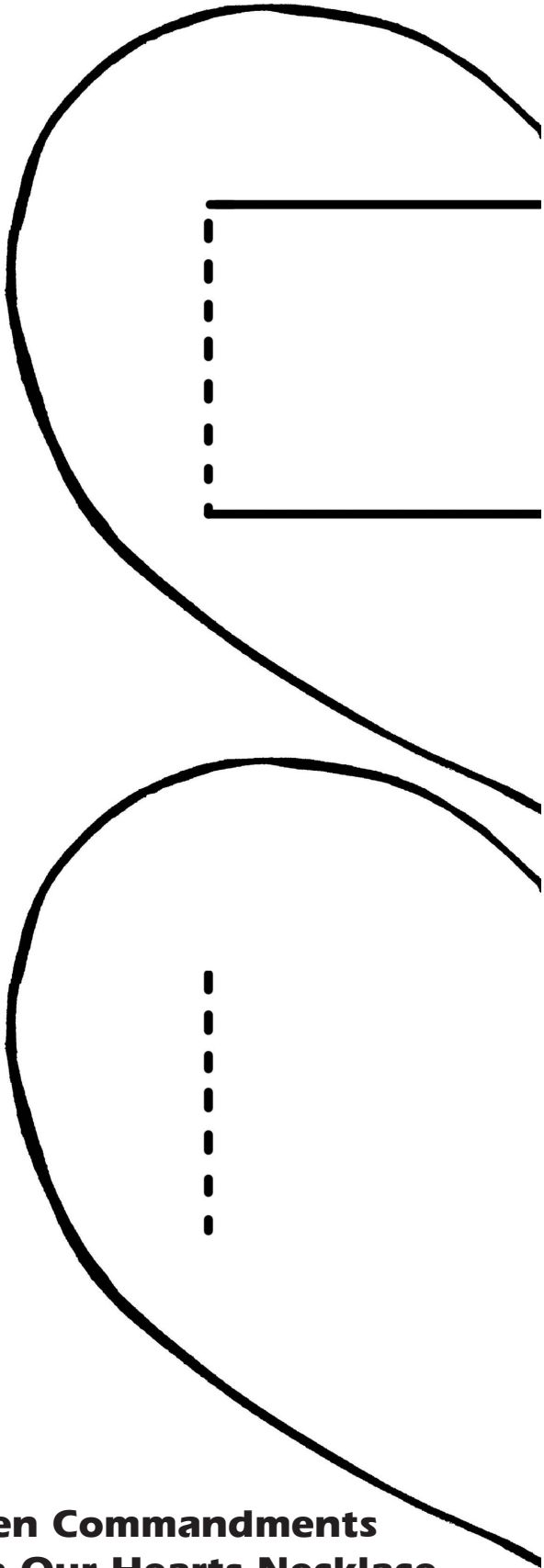
Preparation Needed Ahead of Time

1. If you do not have red paper for your printer, trace the hearts on red construction paper.
2. Depending on the ages of the children in your group, you may want to fold and cut the heart page ahead of time. (See directions on the next page.)
3. Cut out the Ten Commandments slips, one for each student.
4. Cut a length of yarn for each student.

Directions

1. Have students fold the red paper in half and cut around the edges of the two hearts.
2. With the heart still folded in half, cut along the two solid lines going into the middle of the heart.
3. Open up the heart and carefully snip along the fold to create two doors. Fold the two doors back along the dotted lines.
4. Paste the Ten Commandments slip onto the second heart (the one without the doors), lining up one edge against the dotted line.
5. With the Commandments slip face up, put glue around the edge of the heart and press the heart with the doors down on top of it.
6. Punch two holes at the top of the heart as shown in the picture on the previous page.
7. Thread the yarn through the holes and tie the two ends together, creating a necklace for the child to wear.
8. *Optional:* Decorate the outside of the heart with stickers, glitter, etc.





**Ten Commandments
in Our Hearts Necklace**

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Choose whether you want to use the Ten Commandments in Hebrew or in English with your class. Prepare a copy for each child.

The Ten Commandments

1. You shall have no other Gods before Me.
2. You shall not take the name of the Lord your God in vain....
3. Remember the Sabbath day, to keep it holy.
4. Honor your father and your mother....
5. You shall not murder.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's house.
10. You shall not covet....anything that is your neighbor's.

The Ten Commandments in Hebrew

אנכי ייחוד אלהיך
לא יהיה לך אלהים
אחרים על פני
אלהיך לשוא
זכור אתיומים השבת
לקדשו
כבוד אתאביך
ואת אמך

לא תרצה לא תנאף
לא תנבא
לא תענה ברעך עד
שקר
לא תחמד בית רעך
לא תחמד אשת
רעך ועבדו ואמתו
ושורו וחמרו
וכל אשר לרעך

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