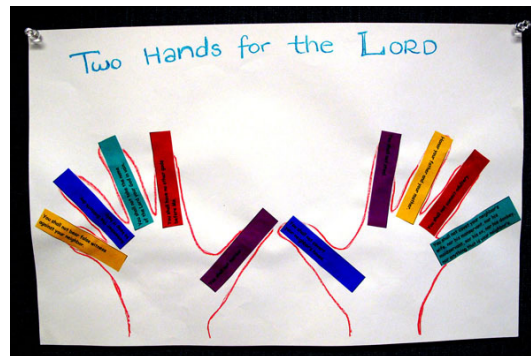


# Make: Two Hands for the Lord

This project brings home the idea that the Ten Commandments are to be kept through lives of useful service. Students draw around their own hands and then glue a commandment strip along each finger.

## *Materials Needed for Each Student*

- large piece of blank paper
- set of Ten Commandments strips (see following page)
- glue
- pencil, crayon or marker
- *optional:* Print the Ten Commandments strips in a variety of colors. Cut the strips apart and share the colors so each child has a colorful finished project.



## *Preparation Needed Ahead of Time*

- Cut apart Ten Commandments strips.

## *Introduce the Project*

1. The Lord wants every one of us to become an angel in heaven. He has given us His commandments because they are the rules of heaven. By obeying them we can become angels in heaven forever.
2. Now let's talk about how we do things. Which parts of our bodies do we use when we want to do something? (We can use many parts—our legs and arms can help us carry things, our mouths can say helpful and true words, etc. But more than anything else, we use our hands! Our hands are specially designed so that we can serve the Lord.)
3. Let's take a look at our hands. How many fingers do you have? Let's count them together! *Point to each finger as you count: one, two...etc.*
4. How many commandments are there? You have one finger for each commandment!

## *Directions*

1. Give each child a blank piece of paper.
2. Help them to put their hands on the paper one at a time, spread their fingers, and draw around their hands. Involve the children as much as you can—e.g. holding their hands down on the page as you draw around them, “helping” you draw around each hand, or drawing around each hand by themselves.
3. Distribute a set of Ten Commandment strips to each child and demonstrate how to glue a commandment strip on top of each finger. (There is no need to be too concerned about the order of the commandments at this age.)
4. Isn't it wonderful that the Lord gave us ten fingers! Let's count them together 1-2-3-4-5-6-7-8-9-10! And as we use our fingers each day, we can remember that the Lord gave us ten fingers to keep the Ten Commandments.

# Two Hands for the Lord

## Ten Commandments Strips

This page has two sets of strips. Each child will need one set to glue over hand drawings.

You shall have no other gods before Me.	You shall have no other gods before Me.
You shall not take the name of the Lord your God in vain.	You shall not take the name of the Lord your God in vain.
Remember the Sabbath day, to keep it holy.	Remember the Sabbath day, to keep it holy.
Honor your father and your mother.	Honor your father and your mother.
You shall not murder.	You shall not murder.
You shall not commit adultery.	You shall not commit adultery.
You shall not steal.	You shall not steal.
You shall not bear false witness against your neighbor.	You shall not bear false witness against your neighbor.
You shall not covet your neighbor's house.	You shall not covet your neighbor's house.
You shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his donkey, nor anything that is your neighbor's.	You shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his donkey, nor anything that is your neighbor's.