Learn by Doing

Choice Washer Wrist Band



The six actions described in Matthew 25 represent different kinds of good in the neighbor that we are to love. Every neighbor we are to love and serve falls into one of these categories. When charity is practiced at the highest level, it is actually directed at the Lord Himself in other people. Students will create a washer wrist band on which they will write the six kinds of goodness we are to love in others.

1. Make a washer wrist band before class to show to the students.
2. Rubber bands vary in thickness. If your craft rubber bands are thin, you may want to double them and use two. Try pairing rubber bands of different colors to make a one-of-a-kind wrist band.
3. Show students the wrist band you have made. Demonstrate how to connect the washers and rubber bands to create a band.
4. Distribute washers, rubber bands and *Washer Wrist Band Instructions* (pp. 2-3). Help students as needed.
5. Remind students that the helpful actions described in this parable —feeding the hungry, etc.—also represent spiritual things we can do to serve. For example, sharing true ideas with someone is like giv-ing them a drink of refreshing water. With the Lord’s guidance, we can learn to help people both naturally and spiritually.
6. Suggest students wear the wrist bands to remind them of how we are to serve the neighbor.

Materials Needed for Each Student

Washer Wrist Band Instructions pp. 2-3; six washers; seven (or fourteen) craft rubber bands in several colors so students can choose; plastic “s” or “c” closure (often comes with craft rubber bands); fine point permanent marker to share.

Prepare in Advance

Follow the Washer Wrist Band Instructions pp. 2-3 and make a sample to show stu-dents. Note: You will find it helpful to watch the video at www.bitly.com/WasherBracelet. Note: We suggest using seven rubber bands instead of nine. The video may seem juvenile to your students. Use your discretion about whether to show it to them. Your demonstration should work in its place. Also, we suggest finishing the wrist band in a slightly different way than the video.

Charity New Church Concept

Anyone who has charity toward the neighbor is moved by an affection for goodness and truth because they come from the Lord, and such a one turns away from evil and falsity because these come from himself. When he does this, hu-mility is present in him. *Arcana Coelestia* 4956

Mercy: All who have charity have mercy, that is, all who love their neighbor are merciful toward him. This is why the Word describes the practice of charity as acts of mercy…. Charity consists es-sentially in desiring the welfare of one’s neighbor, in having an affection for what is good, and in acknowledging that since what is good is one’s neighbor, those who are governed by good are consequently one’s neighbor, but varyingly so, depending on the amount of good that governs the individual person. Therefore since charity consists in having an affection for what is good, it also consists in feelings of mercy for those in distress. The good of charity holds such feelings within it because it comes down from the Lord’s love toward the whole human race, a love which is ‘mercy’ because the whole human race is in distress.

Arcana Coelestia 5132

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Washer Wrist Band Instructions

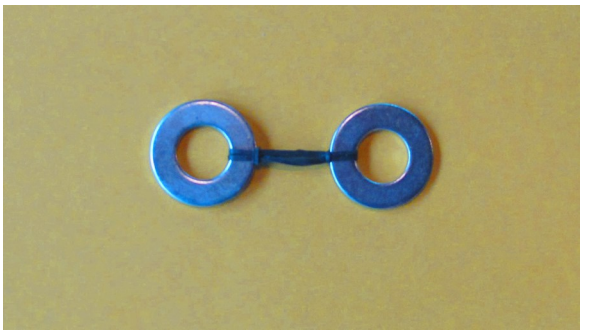


1. You will need
   - six washers
   - a connecting piece that might look “s” shaped (like the one here) or “c” shaped
   - a permanent marker
   - seven or fourteen rubber bands (If your bands are thin but you want a thicker look, double them, using fourteen bands.)

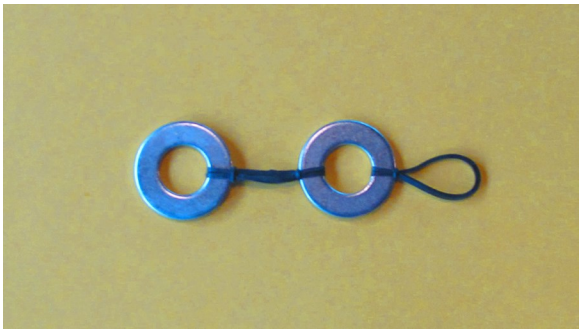
   Choose a single color of rubber bands or mix-and-match if different colors are available.



2. Take a rubber band and put it half way through the hole in a washer. Slip one end of the rubber band through the other end and tighten to make a knot next to the washer.



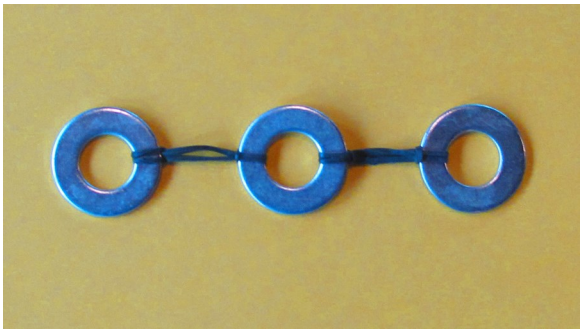
3. Put the free end of the rubber band through the hole in a second washer. Stretch the rubber band and slip it over the first washer. Pull the washers away from each other until the rubber band is tightly fastened between them.



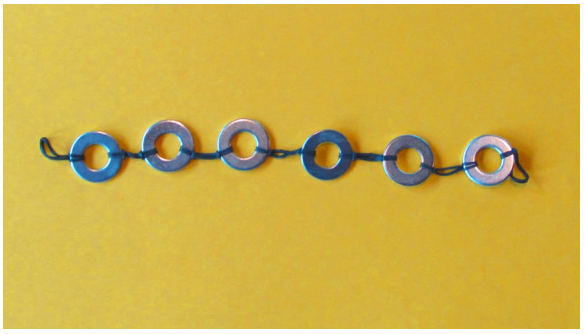
4. Using the same method, attach another rubber band to one of the washers.

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Washer Wrist Band Instructions *continued*



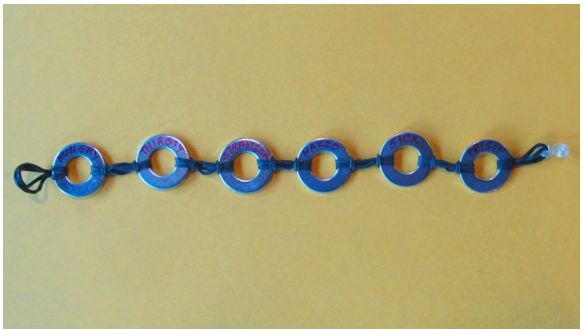
5. Continue to build the bracelet by attaching a third washer. You will need to slip both of the washers through the rubber band to connect all three washers.



6. Continue adding washers until six washers are linked together. Add a rubber band to each end. These will be used to attach the “s” or “c” connector.



7. Using a fine tip permanent marker, write one need from Matthew 25:35-36 on each washer. The needs are Hungry, Thirsty, Stranger, Naked, Sick, and Prison. (Sample showing doubled bands.)



8. Slip the rubber bands on to an “s” or “c” connector shown in picture 1 so that you can connect the washers to make a wrist band. (Sample showing doubled bands.)

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