

**SPIRITUAL TASK—RELATIONSHIP WITH GOD** (Matthew 6)

*by the Rev. David Roth at the New Church of Boulder Valley*

**Task** This week the focus is on communication with our Creator. Begin each day with a prayer to the Lord. In your prayer remind yourself that you can't do anything good or useful without God. Throughout the day communicate with God and ask for help in your interactions with other people. When you feel stuck or confused, remember (by saying it out loud or in your mind) that with God all things are possible).