Responding to the Lord's Love

The essence of God's love consists of three things: to love others outside of Himself, to desire to be one with them, and from Himself to render them blessed (TCR 43).

Reflect on the Lord's wish to be conjoined with you. Picture the Lord "opening His arms and inviting you into His embrace" (see *TCR* 787). What is holding you back, separating you from the Lord?