

# Spiritual Feast

*“To eat” and to “drink” symbolize to eat and drink spiritually....  
This is why the Lord likened the kingdom of God to a great supper.  
(Apocalypse Explained 617:5)*

## Preparation:

1. Bring in some of the foods that might have been served at the time of Jesus, such as olives, dates, figs, grapes, almonds, *etc.* You could also bring in pita bread and grape juice, if desired.
2. Prepare quotation cards (print them out and cut apart).  
OR  
Ask everyone to write a quote from the Word on a piece of paper.

## Procedure

Take turns reading a quotation from the Word, using these quotation cards or quotes chosen by the individual. Then select something to eat or drink.

### *Discuss*

- The importance of having natural food to feed our bodies and spiritual food to feed our minds.
- Stories in the Word that mention food, such as the Feeding of the Five Thousand, the Last Supper, *etc.*
- Ways we can get spiritual food such as reading the Word, going to church, talking about religion with family and friends, *etc.*

*To make a dinner and a supper and to call them symbolizes  
doing good to the neighbor, teaching truth, and being associated in love.  
(see Apocalypse Explained 695:6)*

## Quotation Cards for Spiritual Feast

<p style="text-align: center;">The Church is the Lord's heaven on earth. (<i>Arcana Coelestia</i> 10151:3)</p>	<p style="text-align: center;">The Lord is in His holy temple. Let all the earth keep silence before Him. (Habakkuk 2:20)</p>
<p style="text-align: center;">The Lord will give grace and glory; No good thing will He withhold From those who walk uprightly. (Psalm 84:11)</p>	<p style="text-align: center;">The Lord saying to these sick, "Arise, take up your bed, and walk," symbolizes living life according to doctrine. (see <i>Apocalypse Explained</i> 163:7)</p>
<p style="text-align: center;">When a person is governed by good and...guided by truth, he is drawn by the Lord to Himself and joined to Him. (<i>Arcana Coelestia</i> 8604:3)</p>	<p style="text-align: center;">The Lord's Church is with all in the whole world who live in good according to their religious system. (<i>New Jerusalem and the Heavenly Doctrines</i> 246)</p>
<p style="text-align: center;">"Where two or three are gathered together in My name, I am there in the midst of them." (Matthew 18:20)</p>	<p style="text-align: center;">Good is received only in the measure that evils have been removed. (<i>Arcana Coelestia</i> 9378:2)</p>
<p style="text-align: center;">All are initiated into the church by knowing evil and not doing it, because it is against God. (<i>The Doctrine of Charity</i> 27)</p>	<p style="text-align: center;">Know that the Lord, He is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture. (Psalm 100:3)</p>
<p style="text-align: center;">Whatever the quality of a person's understanding of the Word is, so is the quality of the Church in him. (<i>Arcana Coelestia</i> 10707)</p>	<p style="text-align: center;">The Word is the means by which the Lord's presence among people is achieved because the Word unites a person to heaven and through heaven to the Lord. (<i>Arcana Coelestia</i> 9378:2)</p>
<p style="text-align: center;">Cause me to know the way in which I should walk, For I lift up my soul to You. (Psalm 143:8)</p>	<p style="text-align: center;">Where the Word is read with reverence and the Lord is worshipped from the Word, the Lord is present together with heaven. (<i>Divine Providence</i> 256:2).</p>
<p style="text-align: center;">What enables a person to draw near the Lord is faith and love. Since these come from Him, drawing near the Lord is acceptance of these.... (see <i>Arcana Coelestia</i> 8439)</p>	<p style="text-align: center;">Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well.... And that day was the Sabbath.... (John 5:1-15)</p>