

# *Spiritual Valentine*

*(for teens and adults)*

The Lord will provide every good person with a beautiful partnership here on earth or in heaven. Here are several activities which can help us look toward eternity in marriage:

## **Write a Letter**

Write about your hopes for the eternity of your marriage, whatever your current stage of life.

## **Set Goals**

- Envision what you would like to be like as a person five years from now.
- What would you need to do to become that person?
- Write down your goals and work toward making them a reality in your life.

## **Journal**

Single people could keep a journal, periodically noting thoughts and feelings that they might like to share with a future spouse.

## **A Letter from the Heart**

- Married partners could surprise each other with a letter written from the heart. Reflect on the blessings in your marriage and wonderful times together.
- Write them down on special paper or use a computer to make a beautiful letter to print, perhaps incorporating a photograph of you together.
- Try adding a title such as: "I Will Love You Forever" or "Ten Favorite Memories of You" or "I Love, Honor, and Cherish You."

## **I Will Love You Forever**

People who are widowed could write to their marriage partner (who is in the spiritual world) about their continuing love and longing to be reunited.