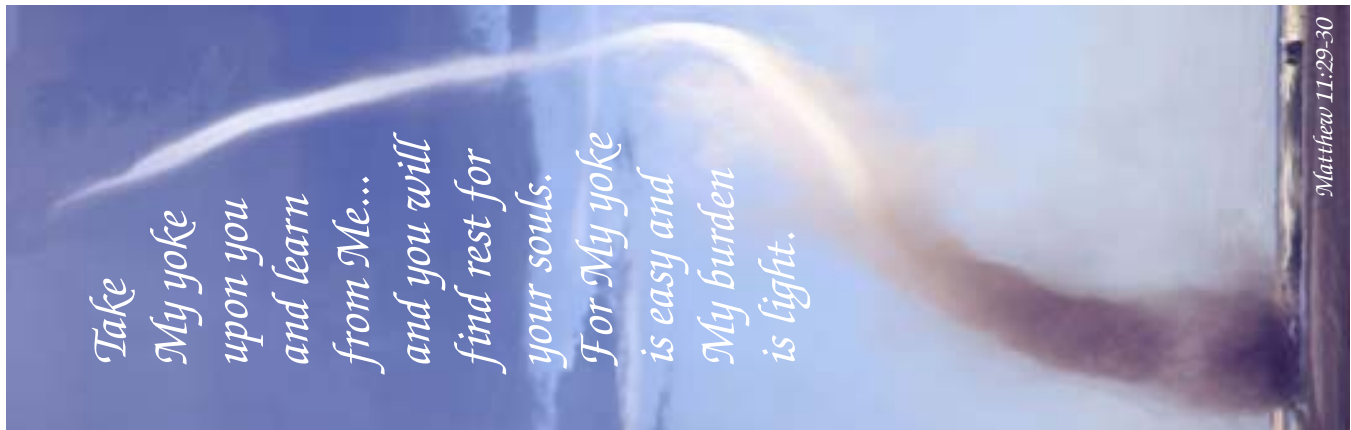


Meditate & Activate

Thinking or meditating about a passage from God's Word and finding opportunities to put it into action can be a powerful experience. Keep this card intact or cut out the illustrated quotation to use as a bookmark or put up somewhere in your home.

Meditate: Does it seem hard or easy to follow the Lord? A yoke is a tool used to aid in work. Often it joins two or more horses or oxen together so that they can pull a heavy load together as a team.

Activate: Think of something you can do to take up the challenge of serving the Lord and your neighbors and find opportunities to do it with another person. For example, volunteer with a friend or read the Word with a family member. Find ways to both give and get support in following the Lord.



Matthew 11:29-30

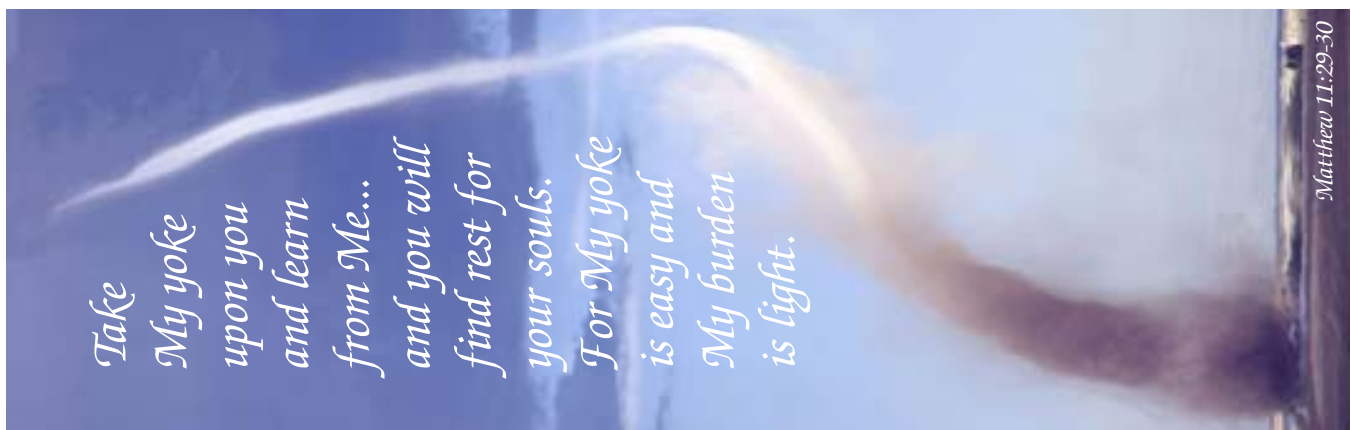
To make a stronger bookmark, print this page on heavy paper or cardstock, cut in half and give half to each student.

Meditate & Activate

Thinking or meditating about a passage from God's Word and finding opportunities to put it into action can be a powerful experience. Keep this card intact or cut out the illustrated quotation to use as a bookmark or put up somewhere in your home.

Meditate: Does it seem hard or easy to follow the Lord? A yoke is a tool used to aid in work. Often it joins two or more horses or oxen together so that they can pull a heavy load together as a team.

Activate: Think of something you can do to take up the challenge of serving the Lord and your neighbors and find opportunities to do it with another person. For example, volunteer with a friend or read the Word with a family member. Find ways to both give and get support in following the Lord.



Matthew 11:29-30