

Glenview New Church Sunday Morning Program
Preschool Lessons, Phase 2 – Lesson 30
The Last Supper (Mark 14:22-26)

Theme: Easter

I. Underlying Ideas for the Teacher

- A. The Jewish people were commanded to observe the Passover feast "forever" because we cannot be regenerated suddenly at once, but we need the Lord's help continually, forever.
- B. For the same reason, the Lord instituted the Holy Supper for the Christian church, saying "do this in remembrance of Me."
- C. The bread and wine of the Holy Supper represent the gifts of heavenly affection and thought, the Lord's own flesh and blood, which we need to constantly receive from Him.
- D. Taking the Lord's Holy Supper is a sacrament that nurtures our conjunction with Him.

II. Story Circle

- A. Introduce the Story
 - 1. The story today is about the last supper that the Lord had with His disciples before He was killed.
 - 2. The Lord and all the Children of Israel celebrated the Passover every year. This feast reminded them that God had saved them from the Egyptians many, many years before.
 - 3. The Lord told two of His disciples to go prepare for the feast. Then the Lord and His disciples came to eat the Passover.
 - 4. The Lord wanted to teach us a new kind of celebration, so after the regular Passover feast He did a new thing. He wanted to teach the disciples, and us, a new way to remember the Lord.
 - 5. We call this the story of the Last Supper because it was right before the Lord went to heaven.
- B. Tell/Read the Story
 - 1. Mark 14:22-26
- C. Ideas to Discuss
 - 1. The Lord and His disciples were having a feast to celebrate the time when the children of Israel were freed as slaves. What was that feast called? (The Passover)
 - 2. The Lord had two special kinds of food that He gave the disciples. What were they? (Bread and wine)
 - 3. Why did the Lord tell the disciples to have this feast? (To remember Him)

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4. The Lord wants us to remember Him by eating a piece of special bread and drinking a sip of wine in a special worship service called the Holy Supper (or Holy Communion).
5. In our church, adults participate in the Holy Supper service. This is a time to ask the Lord for help in doing what is right. This special service also helps them remember that the Lord is always with us, ready to help us.

D. Further Ideas

1. The Lord gave His disciples bread to eat. In the Holy Supper service, adults eat a piece of special bread. This bread is to remind us of the spiritual bread or love that the Lord gives us.
2. Who gives us food to make our bodies healthy and strong? (The Lord) He gives us sunshine and rain so that apples and corn and wheat can grow. Who gives us spiritual food to help us be loving and kind? (The Lord)
3. When we say the prayer, we ask the Lord to “give us this day our daily bread.” We ask Him to give us the special food that can help learn to be like the angels. What do you think it is? (The stories of the Word) Listen carefully when someone reads the Word aloud to you, for this is special food for your minds.
4. The Holy Supper is a special way that adults remember the Lord. When you grow up, you can have holy supper in church too.

III. Enrichment Activities

A. Music

1. *Lori's Songs*: “Take, Eat” (tape 2, side A, side 4)

B. Activities

1. Make Holy Supper bread (recipe below). Let the children see what it tastes like.

C. Project

1. “Bread and Wine”
 - a. Materials needed: colored construction paper, glue, red cellophane, brown felt, text slips
 - b. Before class: Cut out bread loaf shapes from the brown felt, wine glasses and a pitcher from the construction paper, wine from the cellophane. Make text slips.
 - c. In class: Each child can glue onto their page a loaf of bread, a wine pitcher and glass. They can glue the wine into the glasses or pitchers, and perhaps “tear” (cut) some bread for their feast too.
 - d. Text slips: “And as they ate, Jesus took bread, and blessed and broke it, and gave it to them and said, ‘Take eat this is My body.’ And He took the cup, and when He had given thanks. He gave it to them, and they all drank of it.” (Mark 14:22-23)

IV. Teaching Aids

Illustration by Miriam Synnestvedt (included)

V. Further Reading for the Teacher

Recipe for Holy Supper Bread

1 c. whole wheat pastry flour (or ½ whole wheat and ½ white flour)
½ t. salt
3 T. olive oil
3 T. ice water

*Note: If you have a freezer at your facility put all the ingredients in the freezer for 15 to 20 minutes before you begin. This makes the bread less chewy.

1. Combine flour and salt.
2. Mix in oil with a pastry blender.
3. Mix in water with a spoon and stir until a ball forms.
4. Mash together in waxed paper and roll out to about ¼" thick.
5. Cut into 2 large circles.
6. Bake at 350° for approximately 12 minutes or until slightly browned.
7. When cool, separate with plastic wrap & store in an air tight container.

And as they ate, Jesus took bread, and blessed and broke it, and gave it to them and said, "Take, eat; this is My body." And He took the cup, and when He had given thanks, He gave it to them, and they all drank of it.

(Mark 14:22-23)

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