SPIRITUAL TASK—TO LOVE IS TO DO (John 21)

by the Rev. David Roth at the New Church of Boulder Valley

Story The Disciple Peter was asked several times by the Lord if he loved Him. Peter replied each time, "You know that I love you." Peter was told to "Feed My lambs, tend My sheep" and then "feed My sheep."

Meaning The Lord is making a point. Faith (Peter) has a tendency to believe that saying something or knowing something is a living faith. Faith is to be united with charity or love and so be a living faith. As we read, "whatever we love that we will; and what we will that we do if it is possible."

Task This week focus on "feeding" and "tending". In other words, find ways to support and care for others. Try to say things that are nourishing to the spirit of those around you, and try to do things that are helpful to them. Make your religion part of your life by doing what is good.