

SPIRITUAL TASK—TRUE SATISFACTION (Matthew 5)

by the Rev. David Roth at the New Church of Boulder Valley

Story The Sermon on the Mount begins by the Lord outlining what the true blessings of our life are. Today we discussed the fourth one: “Blessed are those who hunger and thirst for righteousness for they shall be filled.”

Meaning The fourth key to happiness is cultivating a desire and a passion for things that are just and right. To care for the will of the Lord and service to the neighbor. When we desire these things the Lord will fill us (gorge) with happiness and delight. Because what we desire in our hearts and minds is actualized in the spiritual world after death.

Task This week start creating a hunger and thirst for what is true and good by 1. Making a decision to do so. 2. Make a commitment to (find a way to be accountable) 3. Pray for the Lord’s help in what you are trying to do. 4. One day at a time, begin to work on it (think about, meditate on, make attempts)