TRUTHS FOR SPIRITUAL REBIRTH

Butterflies are a very good symbol for our life after death. They start life as caterpillars, crawling along and eating many leaves. When they are ready to become butterflies, they form a chrysalis and seem dead. But this is a time of great change, for from the chrysalis comes a butterfly with beautiful wings! The stages of being a caterpillar and then a chrysalis are necessary so that the butterfly can finally spread its wings and fly.

While we are in the natural world, we "crawl" along, selecting what to take in or "eat" for our minds. The Lord's truths are like the leaves that help us to grow and develop. And after life on earth, we pass through the transition or change of death, carefully protected by the Lord. In heaven we are given new spiritual bodies. The Lord provides beautiful bodies and clothing for those who love what is good.

What are some "leaves" or truths that could help you grow from a caterpillar into a beautiful butterfly? On the picture on the next page, write a true idea on each of the leaves. As you work on applying these to your life, think about developing "wings" to give you a more spiritual perspective on life.



