

## **SPIRITUAL TASK—WALLS TUMBLE DOWN** (Joshua 6)

*by the Rev. David Roth at the New Church of Boulder Valley*

**Story** As the Children of Israel entered the Holy Land they were commanded to destroy the city of Jericho. They do it by circling the city seven times while blowing their trumpets. On the seventh time they make a great shout and the walls come tumbling down.

**Meaning** The first enemy we face when trying to move from external to internal living is pictured by Jericho. It pictures a trust in self rather than the Lord. This needs to go first before any other spiritual battles can be fought. We all have our walls of resistance—especially when it comes to giving our lives completely into the care of the Lord, and trusting in His care for us.

**Task** This week spend 10 minutes reading the Lord's Word each day (you can do it, really). Before you read, begin with a prayer asking the Lord to show you how this reading is teaching you something about yourself. Take notes about anything that comes up for you about yourself. If you see something true about yourself, that is something that needs attention, state: "Lord, thank You for showing me this truth about myself. Help me to take action today to make a change." Walls will crumble.