

A Week of Blessings for Mealtimes

Oh, give thanks to the Lord, for He is Good!
For His mercy endures forever. Amen. *(Psalm 107:1)*

For health and strength and daily food, we give
You thanks, O Lord. Amen. *(Traditional, may be said or sung)*

The Lord has remembered us. He will bless us.
And let us bless the Lord from this time forth
and forever.

This is the day which the Lord has made; we
will rejoice and be glad in it. Amen. *(Psalm 118:24,
may be said or sung)*

Bless O Lord this food provided by Thy bounty,
and give us thankful hearts. Amen. *(Traditional)*

The Lord is good to all, and His tender mercies
are over all His works. Amen. *(Psalm 145:9)*

The Lord is good to me, and so I thank the Lord
for giving me the things I need: the sun and
the rain and the apple seed. The Lord is good
to me. Amen. *(Traditional, may be said or sung)*