

Who Was Helen Keller?

These discussion notes are from a series of lessons on healing the blind.

I want to tell you about a wonderful lady, who could really “see” with her spiritual eyes, with the help of the Lord. Have any of you ever heard of Helen Keller?

When she was just a tiny baby she was very sick, and the sickness left her both blind and deaf—unable to see or hear. At first, she was like a little wild animal, and would not allow anyone to help her in any way. Because she could not see or hear, no one was able to know what ideas were in her mind, or why she seemed so angry all the time, and so miserable. They could not “see” how to help her.

Finally, another wonderful lady, named Anne Sullivan, came to live with the little girl. Somehow, with great patience and help from the Lord, Anne Sullivan was able to become Helen Keller’s friend.

Anne Sullivan taught Helen how to speak, how to “read” by feeling little dots punched into a piece of paper (this is called Braille), and how to feel people’s faces with her fingers so that she could get an idea of how they looked.

Helen Keller became so good at doing these things that she really was able to “understand,” or “see,” much better than most people who have good eyesight and perfect hearing. She could feel and smell beautiful flowers, and friends would write in Braille to let her know about their colors, and tell her about the lovely trees, and the sky. Helen was able to appreciate this beauty in a very special way with the inner sight that she had received from the Lord, with Anne Sullivan’s help.

Helen read many books by using Braille (the little dots punched into paper). She read the Word and learned how the Lord helps us to see with our spiritual eyes. She knew that the Lord had given her a kind of sight and hearing that is much better than ordinary eyesight and hearing, and she “understood” things very clearly.

Helen Keller had a gift from the Lord that she gave to all who knew her or read her books—and that is the gift of knowing that we can all “see” with our minds if we will just allow the Lord, through our parents, our teachers, and the Word, to help us to “understand.”