

“I Was Sick...”

Healing Jairus’s Daughter
Mark 5:22-24,35-43

Level A

Ages 3-6

Series Theme: You shall love the Lord your God, and your neighbor as yourself.

Lesson Focus: The Lord wants us to help others when they are sick.

Reading Summary: Jairus came to Jesus, begging Him to touch and heal his sick daughter. While Jesus was walking to Jairus’s house, someone came to say that the girl had died. Jesus said, “Do not be afraid; only believe.” When Jesus arrived at the house with some of His disciples a crowd was weeping for the dead child. Jesus said, “The child is not dead, but sleeping.” Jesus sent most of the people out, took the child’s parents and His disciples and went to the child. Taking her hand, He told her to get up, and she immediately got up and walked. People were amazed. Jesus told them to give her some food.

Lesson 5		Materials Supplied	Materials Needed
1. Welcome Warm-up Activity (2-3 minutes)	Activity	Dead or Alive? directions p. 2	
2. Focus on the Word Use all activities (5-7 minutes)	Read the Word and Talk About It	see <i>Reading Summary</i> above discussion guide p. 2	Bible or copy of Mark 5:22-24, 35-43
3. Learn by Doing Choose 1-2 activities (15-20 minutes)	Act It Out recreate the story of Jesus raising Jairus’s daughter	Little Girl Arise directions p. 3 <i>Little Girl Arise</i> p. 6	<i>optional:</i> costumes and props (see p. 3 for details) <i>optional:</i> snack for the class to celebrate the little girl being healed
	Make a Service Project make cards to send to people who are sick	Helping Hearts directions pp. 3-4 <i>Helping Heart Card</i> p. 7 <i>Band Aids</i> p. 8	crayons or markers, stiff paper for printing, 3-5 real band aids for each child, OR scissors, glue, skin toned paper for printing <i>Band Aids</i> p. 8
	Coloring Picture	Jairus’s Daughter p. 9	crayons, markers or colored pencils
4. Wrap It Up (2-3 minutes)	Memory Verse introduce the memory verse for the week	Memory Verse <i>Parent Notes</i> p. 10	

1. Welcome Warm-up Activity

Dead or Alive?

Act out the growth cycle of a plant. Start by having the children curl up in a ball like a seed nestled in the cold winter earth, waiting for the warmth of spring. (*Optional*: turn down the lights during “winter” and turn them up again as “spring” comes.) Let the children know that spring is coming and that they should start to grow very slowly by putting up one arm, then the other, then standing and putting their arms out to the sides, like plants spreading their leaves out to capture sunlight. Talk about their beautiful flowers, encourage them to sway in the breeze, and finally to make fruit. When fall comes, their leaves wither and die off (put hands down to the sides), and their stems break down (curl up into a ball again). When the activity ends, discuss what is happening to the plants.

1. Do plants die in winter? (no, they rest underground)
2. Why do plants start to grow again when spring comes? (because warmth and light return)
3. We are going to hear about a time when some people thought a girl had died. Listen carefully to see what the Lord said to the people.

2. Focus on the Word

Read: Mark 5:22-24,35-43. Teaching picture on p. 5. Additional teaching pictures are available online, e.g. www.bitly.com/SMMark5.

How do you feel when you are not well, when you are sick?

Sometimes we are sick and need someone to take care of us. Who takes care of you when you are sick?

How might *you* help someone who is sick? Give a toy or book to read, entertain with a show, make a card, keep quiet so they can sleep, keep them company, bring a glass of water, etc.

Sometimes our spirits become “sick”. Selfishness is another word for this kind of sickness. Saying and doing selfish things that hurt others or getting angry when we do not get our way are signs of spiritual sickness.

In our story we learned about a girl who was sick—so sick that her family thought she might die. Her father, Jairus, was very worried about her. What did he do? He went to Jesus and asked for help.

What did Jesus do? He came to Jairus’s house to help.

Why were the people at Jairus’s house sad? They thought the girl had died and that it was too late for anyone to help, that her spirit had already gone to heaven.

What did Jesus do? He sent everyone out except the girl’s parents and some of His disciples. He took her hand in His hand and said, “Little girl, I say to you, arise.” And she got up and walked. He healed the girl! This was a miracle that only the Lord could do.

The Lord also heals us when we are sick—both in our bodies and minds. The power of His love and truth can make our spirits strong so that we can grow up to become angels in heaven.

The Lord wants us to help others when they are sick by listening to what they need and helping if we can. We may even be able to help people when they’re mad or appearing to act selfishly. Instead of getting mad back, we can “visit” them—just be with them as a friend and see if that helps them change their mood. This is one of the ways the Lord is able to love people.

3. Learn by Doing

Choose one or two activities

Choice

Little Girl Arise

Jairus's daughter lies at home sick to the point of death. A crowd has gathered and is crying, thinking she has died. Jesus is summoned and sends the crowd away on His arrival. Gently extending His hand He calls her to get up. Act out this healing miracle with simple costumes and props.



1. Set the room up to act out the story.
2. Assign parts to the children. If you do not have enough children for all of the parts, double up on parts. If more than one child wants to play a particular character, act the story out more than once.
3. *Optional:* dress the children in costumes.
4. Using *Little Girl Arise* (p. 6), read the story aloud, pausing to direct the children as they act it out.
5. If there is time, repeat the play. Children may be able to act out the story with less help the second time.
6. *Optional:* Jairus's daughter is given food at the end of the story. Offer a snack.

Choice

Helping Hearts

The Lord's love flows into people immediately from within, and also from outside by means of others (see *Arcana Coelestia* 8719). As we serve the Lord through helping others, He blesses us with the happiness of heaven. Children will brighten the day of someone who is sick by decorating cards that may be sent as needed. Hopefully, reaching out to someone who is sick will bring warm feelings to the children.

If you know of people who could benefit from receiving a card—the elderly, a sick child, a person or family facing a medical crisis, etc.—arrange to send the cards. If you do not have anyone in mind right now, the cards can be sent out as needed by the pastoral staff. In this case, arrange to have the class present the completed cards to the Pastor if possible.

1. We will be decorating cards that can be sent to people who are sick. Hand out copies of the *Helping Heart Card* (p. 7) with crayons or markers and have children decorate them.

Materials Needed

Optional: Costumes and props. For simple costumes, find a white shirt to distinguish Jesus and shirts of different colors for other characters. If you do not have a costume box, turn larger T-shirts inside out to hide logos. Props might include a bed (a pillow and folded blanket on the floor) for Jairus's daughter, chairs to outline Jairus's house, and rope or string to outline the road.

Optional: food, such as grapes, sliced apple, crackers, etc.

Prepare in Advance

Read through the script, *Little Girl Arise* on p. 6. Decide how you will set up the space to act out the story. *Optional:* gather costumes and props.

Materials Needed for Each Child

Helping Heart Card p. 7, crayons or markers, 3-5 actual band aids **OR** a quarter sheet of *Band Aids* p. 8 printed on skintone paper, scissors, glue

Prepare in Advance

Print *Helping Heart Card* p. 7 on stiff paper if possible. Make into cards by folding in half. Collect real band aids **OR** print *Band Aids* p. 8 on skintone paper and cut each page into quarters. Make a sample card to show the children. Decide where you will send the cards.

Helping Hearts *continued*

2. *Option:* If you are using commercial band aids, give each child three to five band aids. Show the children how to remove any packaging and stick them on the heart.
3. *Option:* If using paper *Band Aids* (p. 8), give each child a “set” of band aids and a pair of scissors. There are four “sets” on each page. Show the children how to set the scissors at the edge of the page and cut in along the lines. Do not worry if young children are not able to make precise cuts. Glue the band aids on the heart as shown below.
4. *Optional:* If children can write their names, encourage them to sign the card inside or on the back. A message may be written later when it is sent to someone in need.
5. Collect cards when the children have finished. If possible, have the children present the cards to the Pastor. Thank them for helping to bring joy to someone who needs comfort.



Choice Coloring Picture: Jairus's Daughter

Hand out copies of *Jairus's Daughter* (p. 9) and invite the children to color them.

New Church Concept **Sickness**

All the diseases which the Lord healed represented spiritual diseases to which natural diseases correspond; and spiritual diseases can be healed only by the Lord, indeed by looking to His Divine omnipotence and by repentance of life.... The faith by which spiritual diseases are healed by the Lord can be given only through truths from the Word and a life according to them; the truths themselves and the life itself according to them make the quality of the faith. *Apocalypse Explained* 815

Materials Needed

copies of *Jairus's Daughter* p. 9; crayons, markers, or colored pencils

4. Wrap It Up

Memory Verse

The recitation is set to music with actions for easy learning. Watch online at www.bitly.com/ForIWasHungryMV. Sing along to the video and learn the actions. This week's focus is on reviewing the first four phrases and learning the fifth phrase, below.

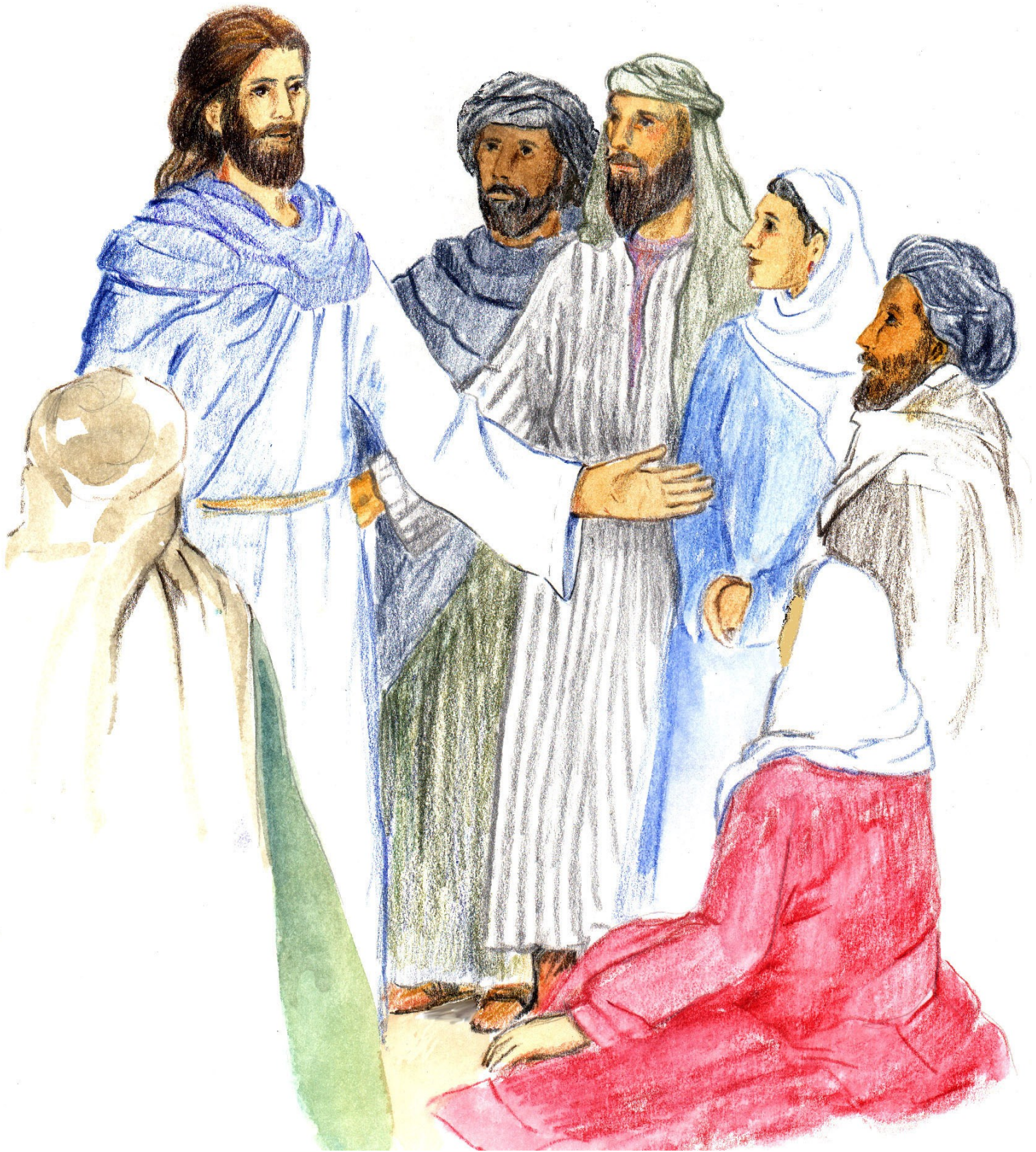
For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me.

Matthew 25:35-36

Closing

What is one way you could help out when someone in your family is sick?

Give Parent Notes (p. 10) to children as they as leave.



Little Girl Arise

Roles: Jesus, Jairus, Jairus's Wife, Person Coming from Jairus's House, Girl, Peter, James, John, Crowds

Set-Up: Choose a place for Jairus's house. Use a barrier such as a row of chairs or rope on the floor to set the space apart. Jairus's daughter is sleeping there. Choose a place for the road. It could be up and down a hallway, or around the outside of the room.

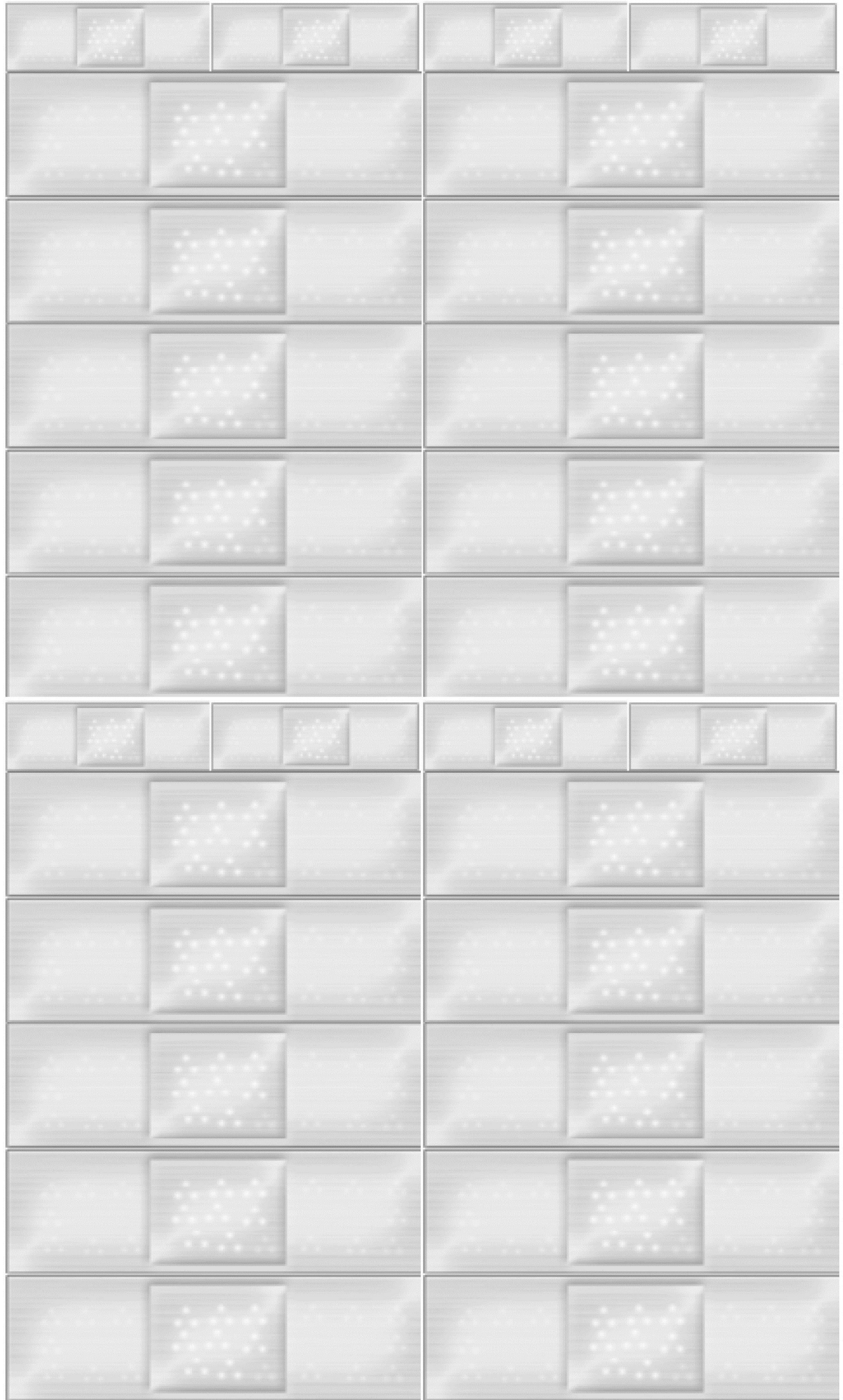
Optional Costumes: T-shirts, belts or shawls are all that's needed. These may help children remain in the sphere of the Word while acting.

The teacher reads the story aloud, pausing to direct the action. Jairus, Jairus's Wife, Girl, and Person Coming from Jairus's House all start in the house. Everyone else starts on the other side of the acting area on the "road".

Story to Read	Actions
And behold, one of the rulers of the synagogue came, Jairus by name. And when he saw Jesus, he fell at His feet and begged Him, saying,	Jesus walks along the road with a crowd. Jairus comes up to Jesus and falls down on the ground.
"My little daughter lies at the point of death. Come and lay Your hands on her, that she may be healed, and she will live."	The crowd stands still. Jairus folds his hands, begging.
So Jesus went with him, and many people followed Him and crowded around Him.	Jesus nods, yes, and walks along the road with Jairus and the crowd.
While Jesus was coming, a person came from Jairus's house and said, "Your daughter is dead. Why trouble the Teacher any further?"	A person comes from Jairus's house, points back toward it and shakes his head. Jesus and the crowd stop to listen.
As soon as Jesus heard that, He said to Jairus, "Do not be afraid; only believe."	Jesus puts a hand on Jairus's shoulder.
And He did not allow anyone to follow Him except Peter, James, and John the brother of James.	Jesus and Jairus walk toward the house with Peter, James and John following. The crowd moves into the house (perhaps walking around the edge of the acting space to get there).
Then He came to Jairus's house, and there was a big uproar with people crying loudly. When He came in, Jesus said to them, "Why make this commotion and weep? The child is not dead, but sleeping." And they made fun of Him.	The crowd is noisy. Jesus arrives and gestures to the girl. The crowd points and laughs.
But when He had put them all outside, Jesus took the father and the mother of the child, and those who were with Him, and entered where the child was lying.	Jesus sends the crowd outside. Jesus, Jairus, and Jairus's wife go to the girl.
Then He took the child by the hand, and said to her, "Talitha, cumi," which means, "Little girl, I say to you, arise." Immediately the girl arose and walked, for she was twelve years of age.	Jesus reaches out His hand and takes the girl's hand. She sits up, then stands up and walks around the house.
And they were amazed. But Jesus commanded them that no one should know it, and said that something should be given her to eat.	The disciples and parents look surprised. They bring the girl food.



Copy onto skin-tone paper and cut into quarters. Give one quarter to each child.



Band Aids



Jairus's Daughter

Parent Notes

Make a copy for each child. Hand out as children leave.

<p style="text-align: center;">PARENT NOTE</p> <p>Dear Parents, Today we learned about a miracle—Jesus brought a girl back to life! Her father was Jairus, a ruler of the synagogue. Your family can watch an illustrated song of this story at https://www.newchurchvineyard.org/resource/video-jairuss-daughter-song/.</p> <p>We have added a new phrase to our Memory Verse. We encourage you to continue helping your child to memorize the verses. You can also watch a song with these words at www.bitly.com/ForIWasHungryMV.</p> <p style="text-align: center;">Memory Verse</p> <p>For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me. (Matthew 25:35-36)</p>	<p style="text-align: center;">PARENT NOTE</p> <p>Dear Parents, Today we learned about a miracle—Jesus brought a girl back to life! Her father was Jairus, a ruler of the synagogue. Your family can watch an illustrated song of this story at https://www.newchurchvineyard.org/resource/video-jairuss-daughter-song/.</p> <p>We have added a new phrase to our Memory Verse. We encourage you to continue helping your child to memorize the verses. You can also watch a song with these words at www.bitly.com/ForIWasHungryMV.</p> <p style="text-align: center;">Memory Verse</p> <p>For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me. (Matthew 25:35-36)</p>
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