

# “I Was Sick...”

## Healing Jairus’s Daughter

Mark 5:22-24,35-43

# Level B

Ages 7-10

**Series Theme:** You shall love the Lord your God, and your neighbor as yourself.

**Lesson Focus:** The Lord asks us to help care for people who are sick.

**Reading Summary:** Jairus came to Jesus, begging Him to touch and heal his sick daughter. While Jesus was walking to Jairus’s house, someone came to say that the girl had died. Jesus said, “Do not be afraid; only believe.” When Jesus arrived at the house with some of His disciples a crowd was weeping for the dead child. Jesus said, “The child is not dead, but sleeping.” Jesus sent most of the people out, took the child’s parents and His disciples and went to the child. Taking her hand, He told her to get up. She immediately got up and walked. People were amazed. Jesus told them to give her some food.

<b>Lesson 5</b>		<b>Materials Supplied</b>	<b>Materials Needed</b>
<b>1. Welcome Warm-up Activity</b> (2-3 minutes)	<b>What Will Help?</b>	directions p. 2	your choice of items that help or do not help a person who is sick—e.g. Word, book, hot water bottle, toy, shoe, blanket—in a bag or basket
<b>2. Focus on the Word</b> Use all activities (5-7 minutes)	<b>Read the Word and Talk About It</b>	see <i>Reading Summary</i> above discussion guide p. 2	Bible or copy of Mark 5:22-24, 35-43
<b>3. Learn by Doing</b> Choose 1-2 activities (15-20 minutes)	<b>Act It Out</b> recreate the story of the healing of Jairus’s daughter by acting it out	<b>Talitha Cumi</b> directions p. 3 <i>Talitha Cumi</i> p. 5-6	space for acting out the story; simple props: blanket, pillow, rope to outline road; simple costumes: large t-shirts; food for Jairus’s daughter (and perhaps enough to share with everyone)
	<b>Make Posters</b> create thank you posters for caregivers at a hospital or another care facility	<b>A Hand for Helpers</b> directions pp. 3-4 <i>A Hand for Helpers Poster</i> p. 7 <i>A Hand for Helpers Text</i> p. 8	supplies for decorating posters such as markers, fancy pens, stickers, feathers, sequins, etc.; scissors; glue
	<b>Coloring Picture</b>	<b>Jairus’s Daughter</b> p. 9	crayons, markers or colored pencils
<b>4. Wrap It Up</b> (2-3 minutes)	<b>Memory Verse</b> introduce the memory verse for the week	<b>Memory Verse</b> <i>Parent Notes</i> p. 10	

# 1. Welcome Warm-up Activity

## What Will Help?

*Supplies Needed:* bag or basket containing household items that are either useful or not useful during a sickness, e.g. ice pack, tissues, ace bandage, blanket, magazine, game, copy of the Word, band aid, book, magazine, candy, toy, (childproof) medicine, hot water bottle, shoe, candle, decoration, etc.

Invite the children to sit in a circle. Draw one object at a time from the bag and ask them if it would be helpful or not helpful when someone is sick. Encourage them to explain what it can be used for and how it would be helpful. There are many kinds of sickness.

Sometimes our bodies are sick and we need bandages or medicines. At other times our minds are sick. What might a “sickness of the mind” look like? (bad temper, being selfish, etc.) Which things can help us when our minds are sick?

## 2. Focus on the Word

**Read:** Mark 5:22-24,35-43. Teaching pictures are available online, e.g. [www.bitly.com/SMMark5](http://www.bitly.com/SMMark5).

**Have you helped care for people in your family when they were sick?** Encourage sharing of things the children have done and/or brainstorm things they could do, e.g. fetch something out of reach, bring toys or books, put on a show to entertain, talk to them, listen to them, read a story, keep them company, bring food or water, keep quiet so they can sleep, make a card. If a parent is sick: take care of a brother or sister, help with a meal, wash dishes, tidy the house, etc.

**It is not only our bodies that get sick, sometimes our minds get “sick” too. What might a “sickness” of our minds be?** When we act selfishly, for example saying and doing things that hurt others, making fun of people, deliberately breaking the Lord’s Commandments, etc.

**In our story a girl was so sick that her family thought she would die. Her father, Jairus, was very worried about her. What did he do?** He went to Jesus and asked for help.

**What did Jesus do?** He went to Jairus’s house, but it took a long time to get there.

**How did Jesus react when a person came to say Jairus’s daughter had died?** He told Jairus not to be afraid, but to believe.

**Why were the people at Jairus’s house sad?** They thought it was too late for help, that she had died.

**What did Jesus tell them?** The girl was sleeping.

**Who did Jesus send out of the house?** Everyone who was crying and making noise, everyone who thought the girl was dead and thought that the Lord could not help.

**How did Jesus heal the girl?** He took her hand and said, “Little girl, I say to you, arise.” The Lord’s healing touch shows us that all life is from Him, and that His power heals and saves.

**How can we go to the Lord for help?** We go to the Lord by reading or listening to His Word or by praying to Him. The power of the Lord’s healing is in the truths that are in His Word. The Lord can heal our spirits when we ask Him to come closer to us.

**The Lord calls us to help others who are sick too. We can help by listening to what they need, helping them if we can and by getting more help if it is needed.**

# 3. Learn by Doing

Choose one or two activities

**Choice**

## Talitha Cumi

Experience the story of Jesus healing Jairus's daughter by acting it out through book-in-hand theater.

1. Assign parts with student input. *Note:* Parts require different levels of reading proficiency. The Narrator and Jesus have more lines; the little girl has no lines. If non-readers choose reading parts, the teacher can read for them or say the line and then have them repeat it. If you have a small group, have students double up on parts.
2. Distribute costumes and scripts. Help children find their starting places as noted at the beginning of the script.
4. Repeat the play if there is interest in doing it again. Switch parts.
5. *Optional:* Share a snack with Jairus's daughter at the end of the play.



### Materials Needed

*Talitha Cumi* pp. 5-6 for each child

*Props:* bed for Jairus's daughter (folded blanket, pillow), chairs to show Jairus's house, rope to outline roadway, food for daughter

*Costumes:* large T-shirts turned inside out to hide logos, etc.

*Optional:* food to share with everyone after the play

### Prepare in Advance

Gather props and costumes. Decide how to set up your space. Use a larger space in your building if possible, or take the story outside to give the feeling of travel and time.

**Choice**

## A Hand for Helpers

Jesus touched many people. Among other things He used His hands to heal sickness and to wash the disciples' feet. His hands were the means by which He blessed people. Hands represent putting loving thoughts for others into action through service (see *Arcana Coelestia* 10130). The Lord said, "I have given you an example," and charges us to do as He did. Students will make posters to thank caregivers who use their hands to care for those who are sick or cannot take care of themselves.

1. If you are so sick that you need expert care, where can you go? (hospital, long-term care, etc.)
2. Who takes care of people there? (Care teams consist of people who have special skills, e.g. doctor, nurse, aid, chaplain, therapist or volunteer.)
3. Caregivers often work long hours. They may work all night, all day from before it is light until after it is dark, during evenings, holidays and weekends.
4. We are going to make posters thanking caregivers for all that they do. The posters will be put on display at \_\_\_\_\_.
5. Give each child *A Hand for Helpers Poster* (p. 7) and *A Hand for Helpers Text* (p. 8) and decorating supplies.

### Materials Needed for Each Student

*A Hand for Helpers Poster* p. 7, *A Hand for Helpers Text* p. 8, markers, scissors, pencils  
*optional:* fancy decorating supplies such as gold pens, sequins, stickers, feathers

### Prepare in Advance

Talk to caregivers in your congregation, or to a local hospital or nursing home about donating posters to be displayed where caregivers will see them and feel appreciated.



## A Hand for Helpers *continued*

6. Start by having children place one of their hands over the poster and draw around it in pencil with the other hand. When they are happy with the pencil line, go over it with a heavier marker or crayon.
7. Color in the poster. Encourage the children to do a beautiful job for those who will be receiving them.
8. Choose a poster text. Color the text, cut out and glue along the top and bottom of the poster.
9. When the posters are finished, display in the classroom or share with the congregation after church. Let people know where they will go.
10. Take down the posters and send or take them to the care facility.



### New Church Concept Sickness

All the diseases which the Lord healed represented spiritual diseases to which natural diseases correspond; and spiritual diseases can be healed only by the Lord, indeed by looking to His Divine omnipotence and by repentance of life.... But the faith by which spiritual diseases are healed by the Lord can be given only through truths from the Word and a life according to them; the truths themselves and the life itself according to them make the quality of the faith. *Apocalypse Explained* 815

**Materials Needed**  
copies of *Jairus's Daughter*  
p. 9; crayons, markers, or  
colored pencils

**Choice**

### Coloring Picture: Jairus's Daughter

Hand out copies of *Jairus's Daughter* (p. 9) and invite the children to color them.

## 4. Wrap It Up

### Memory Verse

Learn phrase five of Matthew 25:35-36 and review phrases one-four. Read the phrases below aloud. Invite the children to repeat them after you and then have them try to say them on their own. To learn as a song with actions, watch the video online at [www.bitly.com/ForIWasHungryMV](http://www.bitly.com/ForIWasHungryMV). The video repeats three times for easy sing-along learning.

For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me.

Matthew 25:35-36

### Closing

The Lord asks us to help others who are sick. We can help by listening to their needs, helping them when we can and by getting more help if it is needed.

Give a *Parent Note* (p. 10) to children as they leave.

# Talitha Cumi

**Roles:** Jesus, Jairus, Jairus's Wife, Person from Jairus's House, Girl, Peter, James, John, Crowds

**Props:** blanket, pillow, rope to outline roadway (optional), food for Jairus's daughter

**Optional Costumes:** T-shirts, belts or shawls

**Set-Up:** Choose a place for Jairus's house. Use a barrier such as a row of chairs or rope on the floor to set the space apart. Inside the house, arrange the blanket and pillow as a bed for the Girl. Choose a place for the road. It could be up and down a hallway, or around the outside of the room. You may wish to outline the road with a rope.

*The Girl is lying on the bed.*

*Jairus's Wife and the Person from Jairus's House stand beside her.*

*Jesus, Peter, James, John and the Crowd are at the other end of the roadway.*

*Jairus stands half way in between the house and the Crowd.*

**Narrator:** And behold, one of the rulers of the synagogue called Jairus came to Jesus. And when he saw Jesus, he fell at His feet.

*Jairus*

*Jairus hurries up and falls down on the ground before Jesus.*

*Jairus is on his knees, holding his hands up, begging Jesus to help.*

**Jairus:** My little daughter lies at the point of death. Come and lay Your hands on her, that she may be healed, and will live.

**Narrator:**

*Jesus, Jairus, Crowd*

*Jesus nods yes. Jairus stands up. Jesus, Jairus and the crowd start to walk towards Jairus's house.*

So Jesus went with him. And many people followed Him and crowded around Him. Then someone came from Jairus's house.

**Person from  
Jairus's House:**

*The Person runs out to meet Jesus and Jairus. The person is upset.*

Your daughter is dead. Why trouble the Teacher any further?

**Jesus:**

*Jesus looks at Jairus and speaks calmly.*

Do not be afraid; only believe.

**Narrator:**

*Jesus, Jairus,  
Disciples, Crowd*

And He permitted no one to follow Him except Peter, James, and John the brother of James.

*Jesus motions to Jairus and His disciples. They follow Him toward Jairus's house. The crowd walks offstage or around the edge of the acting space and stands in and around Jairus's house.*

**Narrator:**

*Jesus, Jairus,  
Disciples, Crowd*

*The crowd is noisy. Jesus and His disciples arrive at the house with Jairus.*

Then He came to the house of the ruler of the synagogue, and saw a large crowd of people crying and making a loud noise.

## Talitha Cumi *continued*

**Jesus:** *Jesus talks to the crowd.*

Why make this commotion and weep? The child is not dead, but sleeping.

**Crowd:** *Each person in the crowd says one or more of the following loudly at the same time:*

She is dead.

He thinks he can bring her back to life.

Nobody can make a dead person live!

Who is this man?

What does he think he can do?

Why is he coming here?

He is too late to help.

**Jesus:** *Jesus talks and motions to the crowd.*

*Crowd* Everyone must get out of the house.

*The crowd moves out of the house and off a little way.*

**Jesus:** Come with me.

*Disciples, Jairus* *Jesus, His Disciples, and Jairus go into the house and come and stand by Jairus's wife by the bed.*

**Jesus:** *Jesus takes the Girl's hand.*

*Girl* Talitha cumi. Little girl, I say to you, arise.

*Girl opens her eyes, sits up holding Jesus' hand. Then she stands up and walks around the house.*

**Parents:** *Each chooses something to say in amazement. All speak at once.*

**Peter:** I can't believe it!

**James:** She is alive!

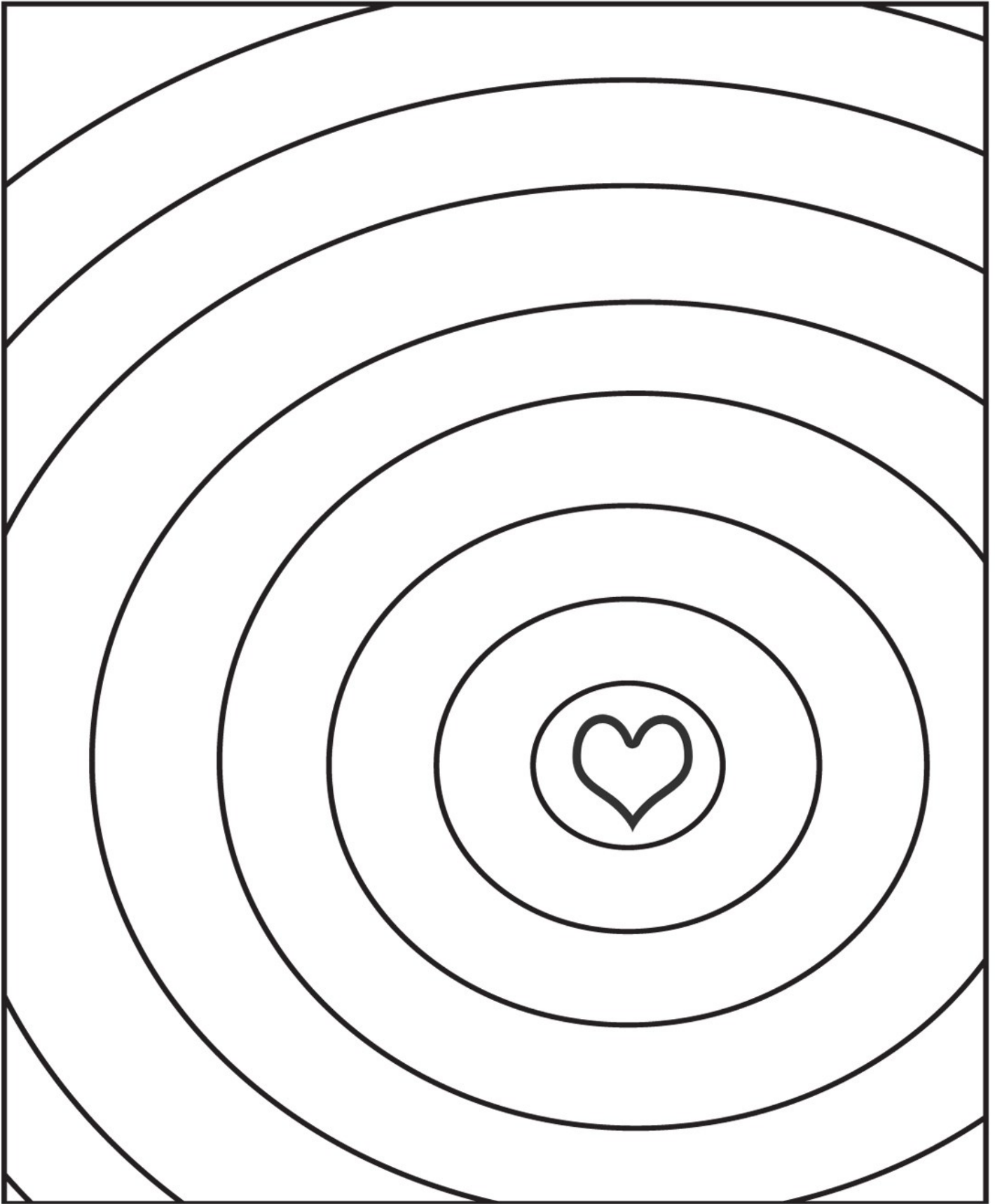
**John:** Praise the Lord!  
Thank you Jesus!

This is amazing!

**Jesus:** *Jesus looks at Jairus and his Wife.*

Do not tell anyone about this. Please give her something to eat.

*Jairus and his Wife give the Girl some food. The play ends.*



# Thanks

To ALL the caregivers

For caring

For making  
people comfortable

For taking good care

For helping people





Jairus's Daughter

## Parent Notes

Make a copy for each child. Hand out as children leave.

### PARENT NOTE

Dear Parents,  
 Today we learned about a miracle. Some people thought a girl had died, but the Lord brought her back to life! Your family can see a video with a song that tells this story online at <https://www.newchurchvineyard.org/resource/video-jairuss-daughter-song/>  
 We encourage you to review the Memory Verse with your child this week. Here are two videos that can help you: [www.bitly.com/ForIWasHungryMV](http://www.bitly.com/ForIWasHungryMV) (song with actions) or [www.bitly.com/ForIWasHungry](http://www.bitly.com/ForIWasHungry) (longer song).

#### Memory Verse

For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me. (Matthew 25:35-36)

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