

Level A

Ages 3-6

Exodus 19:1-20; 20:1-17 - selections

Series Theme: The Lord leads and provides for us, and we can choose to follow Him.

Lesson Focus: The Lord teaches me what I should do.

Reading Summary: The children of Israel went into the Wilderness of Sinai. The Lord called to Moses from the mountain and said, "If you obey My voice and keep My covenant you shall be a special treasure to Me." The people answered, "All that the Lord has spoken we will do." Moses sanctified the people and told them not to come near the mountain. On the third day there were thunderings and lightnings and a loud trumpet. The people stood at the foot of the mountain. Mount Sinai was covered in thick smoke, and the whole mountain quaked. The Lord came down on the top of the mountain, and Moses went up. The Lord said: "I am the Lord your God, you shall have no other gods before Me. You shall not take the Lord's name in vain. Remember the Sabbath day. Honor your father and mother. Do not commit murder. Do not commit adultery. You shall not steal. You shall not bear false witness. You shall not covet your neighbor's house. You shall not covet your neighbor's wife nor anything that is your neighbor's."

Lesson 5			Materials Supplied	Materials Needed
1.	Welcome Warm-up Activity (2-3 minutes)	Circle Activity	Special Treasure directions p. 2	copy of the Word hidden in a box or bag
2.	Focus on the Word Use all activities (5-7 minutes)	Read the Word and Talk About It	see <i>Reading Summary</i> above; <i>The Ten Commandments</i> <i>Readings</i> p. 5 discussion guide p. 2	
3.	Learn by Doing Choose 1-2 activities (15-20 minutes)	Embellished Picture children use finger paints and glue-on pieces to make a special picture of Mt. Sinai	The People at Mount Sinai directions p. 3 Mount Sinai Background p. 8 Ten Commandments p. 9	crayons, finger paints, finger paint trays, newspaper or disposable tablecloth, wet paper towels or wet wipes, glue, cotton balls, glitter, scissors <i>optional</i> : art smocks to protect children's clothing
		Song and Activity learn the Ten Commandments by singing a song; act out the children of Israel receiving them at Sinai	Commandments on Sinai directions pp. 3-4 song video The Ten Commandments <u>https://</u> www.newchurchvineyard.org/ resource/video-the-ten- commandments-song/ The Ten Commandments sheet music p. 10	blanket or sheet to cover a small stack of chairs, table or cushions to create "Mount Sinai"; copy of the Word
		Coloring Picture	Going Up Mount Sinai p. 11	crayons, markers or colored pencils
4.	Wrap It Up (2-3 minutes)	Memory Verse introduce the memory verse for the week	Memory Verse Parent Notes p. 12	

1. Welcome Warm-up Activity

Special Treasure

Supplies needed: bag or box with a copy of the Word hidden inside to disguise its shape.

Seat the children in a circle and show them the bag or box with a copy of the Word hidden inside. Tell the children there is treasure hidden inside. Ask, "What do you think it could be? What kind of treasure would you like to find inside?" Go around the circle and encourage each child to name a treasure they would like. If children name things they want, such as toys and games, tell them that the Lord gives us many kinds of treasure. When everyone has had an opportunity to share, invite the children to help you open the box or bag and bring out the Word. The Word is full of spiritual treasure from the Lord. It is the most precious thing in the world because it gives us rules that tell us how to live so we can be truly happy.

2. Focus on the Word

Read: Selections from Exodus 19:1-20; 20:1-17 on p. 5. See teaching pictures on p. 6-7.

What kinds of rules do you have in your house?

Who makes the rules?

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What happens if the rules are broken?

Rules are very important. What would happen if we did not have rules?

If we did not have rules, people would not know what was right and what was wrong. People would not know how to share. People would not know how to get to heaven. Rules help us in so many ways.

The Lord gave the children of Israel new rules right after they left Egypt. These rules are the Ten Commandments. Let's say that together, "The Ten Commandments."

The Lord led people to a great mountain, Mount Sinai. What happened on the mountain? There were thunderings and lightenings, and a loud trumpet. Let's see if we can make loud thunder. Sit so your feet touch the floor. When I count to three, let's see if we can all tap our feet and make thunder.

Now let's put our hands together like a trumpet and make a loud trumpet sound.

What happened next? The Lord came down on the mountain, and Moses went up on the mountain, and the Lord gave Moses the Ten Commandments.

The Commandments are rules that the children of Israel were to obey. They are rules for us as well and they tell us what we should do and what we should not do.

The Ten Commandments were carved on two tablets of stone. They were the most precious thing that the children of Israel had. (Show teaching picture on p. 6.)

Can you remember any of the commandments that were written on the tables of stone? Encourage children to remember a few of the commandments. (See p. 5 for a list.) Don't worry about remembering them all.

It's wonderful that the Lord tells each of us what we should do to be truly happy in heaven. We can learn the commandments and keep them in our hearts so that we can always remember what the Lord wants us to do.

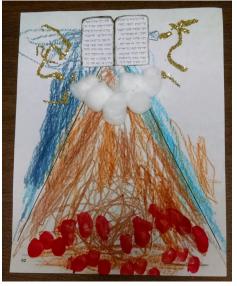
3. Learn by Doing

Choose one or two activities

Choice S The People at Mount Sinai

The children of Israel agreed to obey the Lord at Mount Sinai. They stood at the bottom of the mountain while Moses went up and received the Ten Commandments from the Lord. Students will create a picture showing the Ten Commandments on Mount Sinai.

- 1. Give each child a *Mount Sinai Background* (p. 8) and have them color the mountain and the sky.
- 2. Have children dip their fingers in a tray of finger paint and press them down along



the bottom of the page as shown in the picture. These are the people around the mountain. Wipe off the children's hands.

- 3. Give each child a copy of the Ten Commandments from p. 9. Tell them the commandments are written on the table in Hebrew, just as they were with the real tables of stone. These were very special because they were written by the finger of God. Help them glue the Ten Commandments at the top of the mountain.
- 4. Add pieces of cotton balls or cotton wool on the mountain under the Ten Commandments to represent the clouds that covered the top of Sinai.
- 5. Add glitter around the Ten Commandments.



Take the Ten Commandments to heart by learning a shortened version of the commandments in song. Then reenact the Lord giving the commandments on Mount Sinai. Set up a "mountain" in the room. Use a sheet or blanket to cover furniture stacked to form a "mountain" e.g. chairs, tables or cushions. Place a copy of the Word on top of the mountain to symbolize the Ten Commandments.



Materials Needed

crayons, finger paints, finger paint trays, newspaper or disposable tablecloth, wet paper towels or wet wipes, glue, cotton balls, glitter, scissors, one copy of *Mount Sinai Background* p. 8 for each child, and 1-2 copies of the *Ten Commandments* p. 9 to share; *optional*: art smocks to protect children's clothing

Prepare in Advance

Print *The Ten Commandments* (p. 9) and cut apart the 8 sets of tables. Each student needs one set. Print a copy of *Mount Sinai Background* (p. 8) for each student. Cover the table and prepare paint trays and hand wipes.

New Church Concept Ten Commandments Such great holiness and power were in [the Ten Commandments], because they were the summary of the whole of religion. *True Christian Religion* 286

Materials Needed

listening device to play *The Ten Commandments* song, online at <u>https://</u> <u>www.newchurchvineyard.org/</u> <u>resource/video-the-ten-</u> <u>commandments-song/;</u> copy of the Word; furniture or pillows to make a mountain; a plain brown or gray sheet to cover the "mountain"

Prepare in Advance Set up a "mountain", download the song or connect a listening device to the internet. Learn the song yourself so it is easier to teach. (Sheet music is provided on p. 10.)

Commandments on Sinai continued

- 1. Start by teaching *The Ten Commandments* song. Watch and then sing along with the video at <u>https://www.newchurchvineyard.org/</u>resource/video-the-ten-commandments-song/.
- 2. Once the children are comfortable singing the song, practice without the video until the children are comfortable singing with you.
- 3. Where were the children of Israel when the Lord gave them the ten commandments? (Mount Sinai)
- 4. Who went up on the mountain? (Moses and Aaron)
- 5. The children of Israel were told to stay at the bottom of the mountain. They were not allowed to go up on the mountain.
- 6. Let's go to our mountain. We are going to make a circle around the mountain just as the children of Israel stood around Mount Sinai. Hold hands with the people on either side of you and we will sing the Ten Commandments song.
- 7. Stand as you sing, or walk slowly in a circle around the mountain in time to the music. When the song finishes, turn and walk in the other direction and sing it again.
- 8. When the Lord gave the Ten Commandments, the children of Israel promised to obey them. They said, "All that the Lord has spoken, we will do and hear." Let's say that together. I'll say, "All that the Lord has spoken," and you will say, "We will do and hear." Let's try it!

Choice Coloring Picture: Going up Mount Sinai

Hand out copies of Going Up Mount Sinai (p. 11) for children to color.

New Church Concept Conjunction

People who live according to the commandments are conjoined with the Lord. For the commandments teach life and also give life. *Arcana Coelestia* 8767

New Church Concept Hearing

In the Word 'hearing' means more than hearing with the ear. It means receiving things in the memory and learning them, also receiving them in the understanding and believing them, and in addition receiving them in obedience and doing them. Arcana Coelestia 9311

Materials Needed

copies of *Going Up Mount Sinai*, p. 11; crayons, markers, or colored pencils

4. Wrap It Up

Memory Verse

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Take the story of the Lord giving the Ten Commandments on Mount Sinai to heart by learning the following Memory Verse. Say the phrases once or twice and then invite the children to say it with you. Then let them try to say it by themselves.

> He who has My commandments and keeps them, it is he who loves Me.

John 14:21

Closing

The Lord gave the Ten Commandments because He loves us and wants us to know what we should do to go to heaven. We can show our love for the Lord by doing what they teach.

Give a *Parent Note* (p. 12) to children as they leave.

The Ten Commandments Readings

Exodus 19:1-3,5,7-8,14-20; 20:1-17 - selections

To shorten readings, read only the bold text.

In the third month after the children of Israel had gone out of the land of Egypt they came to the Wilderness of Sinai. So Israel camped there before the mountain.

And Moses went up to God, and the Lord called to him from the mountain, saying..., "If you will indeed obey My voice and keep My covenant, then you shall be a special treasure to Me." So Moses called for the elders of the people, and laid before them all these words which the Lord commanded him. Then all the people answered together, "All that the Lord has spoken we will do."

So Moses went down from the mountain to the people and sanctified the people, and they washed their clothes. And he said to the people, "Be ready for the third day."

Then it came to pass on the third day, in the morning, that there were thunderings and lightnings, and a thick cloud on the mountain; and the sound of the trumpet was very loud, so that all the people who were in the camp trembled. And Moses brought the people out of the camp to meet with God, and they stood at the foot of the mountain.

Now Mount Sinai was completely in smoke, because the Lord descended upon it in fire. And the whole mountain quaked greatly. And when the blast of the trumpet sounded long and became louder and louder, Moses spoke, and God answered him by voice.

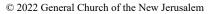
Then the Lord came down upon Mount Sinai, on the top of the mountain. And the Lord called Moses to the top of the mountain, and Moses went up.

And God spoke all these words, saying:

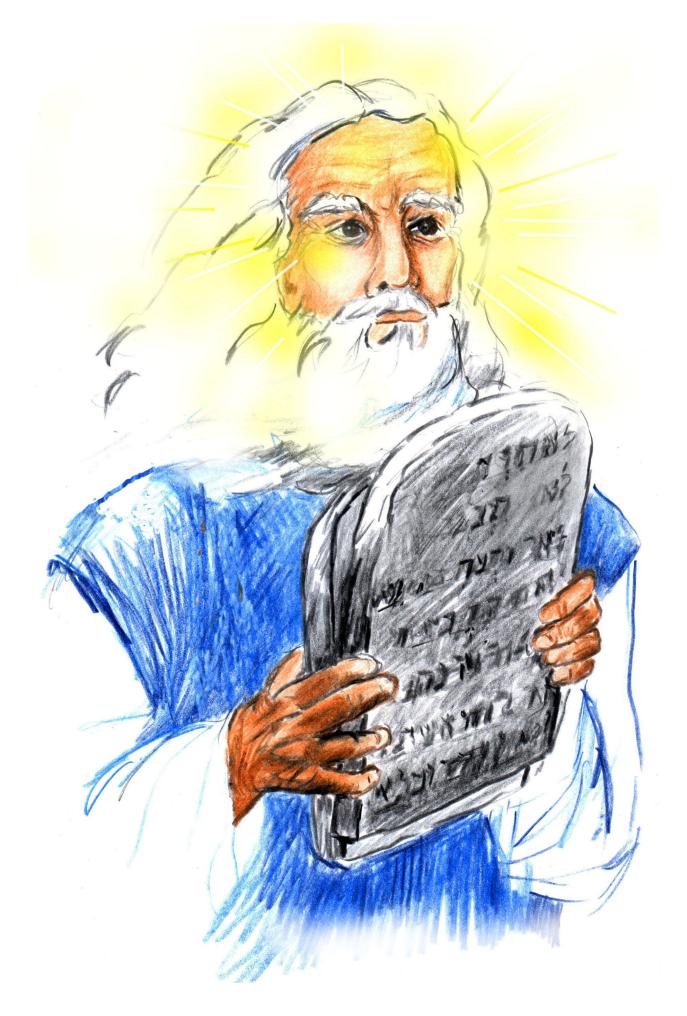
I am the Lord your God.

- (1) You shall have no other gods before My face.
- (2) You shall not take the name of the Lord your God in vain.
- (3) Remember the Sabbath day to keep it holy.
- (4) Honor your father and your mother.
- (5) You shall not murder.
- (6) You shall not commit adultery.
- (7) You shall not steal.
- (8) You shall not bear false witness against your neighbor.
- (9) You shall not covet your neighbor's house.

(10) You shall not covet your neighbor's wife, nor his manservant, nor his maidservant, nor his donkey, nor anything that is your neighbor's.



1.1. P. F. S.



ינקר ירור אר אשריישא מאוֹער: לא השא אח־שם־ ירוֹה אֵלהוּד׳לשוא כילא אָת־שִׁמוֹ לַשֵּוּא: וָכוֹר אָת־יוֹם חשבת לקרשו: ששת ימים שאבר ועשית כל-מלאכחד שמר לאלפים לאהבי ולישמר ועל-רבעים לשנאי: ועשר i i o אבת על-בנים על-שלשים רשביצי שבת ליהוה אלהיך אל קנא פקר לואטנוב מאכא מאכום מבוע לאָרָא : לאַ-השְׁקַבּוֹה לְהָם ולא מעברם כי אנכי יהוה אחרים על-פני: לא-תעשה בשמום מפועל ואשר בארי משעה ואשר בפום מחתר לא פמל ולל-הממונה אש צברים: לאייהיה לד אלהים אַנכי יְרוֹה אֵלהור אַשׁר

Mount Sinai Background

Ten Commandments

	-
אָנֹכִי יְהוָה אָלהֶיך אַשֵׁר	שׁים
הוצאתיה מאָרֶץ מִצְרַיִם מִבֵּית	ÿΠ
אַבָּדִים: לְאֹ־יִהְיֶה לְךָ אֶלֹהִים	אַק <u>ר</u> י
אַחָרים עַל־פָּנָי: לְא־תַעֲשֶׂה	-7
לְדָ פֶסֶל וְכָל־תְמוּנָה אֲשֶׁר	לא
בַּשְׁמַיִם מִמַּעַל <u>וְא</u> ָשֶׁר בָּאָרֶץ	N
מִתַּחַת וְאֲשֶׁר בַּמֵּיִם מִתַּחַת	ייום ,
לָאָרֶץ : לְא ^{ַ-} תִּשְׁמַ <u>ת</u> ָוֶה לָהֶם	ים
וְלֹא תֶעֲבְדֵם כִּי אֶנֹכִי יְהוָה	:नृज़
אָאָלהֶיךּ אַל קַנָּא פֿקַר אַון	וָה

אָבֹת עַל־בָּגִים עַל־שָׁלַשִׁים וְעַל־רָבֵּעִים לְשְׁנָאָי: וְעָשָׁה תֶּסֶר לַאַלָפּים לְשְׁנָאָי: וְעָשָׁת תִּצְוֹתֵי: לֹא תִשְּׁא אֶת־שֵם־ וְיָהָוָה אֲלֹהֶיךּ לַשְׁוּא כִּי לֹא יְהָוָה וְתָלָה אַת אֲשֶׁריישָׁ אֶת־שָׁמו לַשָּׁוּא: וְכוֹר אֶת־יוֹם הַשְׁבַר וְעָשִׂיתַ בָּל־מְלֵארְהָהָ וְיוֹם הַשְׁבִּעִי שַׁבָּת לֵיהוָ

אַנְכִי יִהּוָה אָלָשָׁיף אָשֶׁר הּוּצַאתִיף מַאָּרָי מִצְרַיִם מִבָּית עַבָּרִים: לְאִ־וּהְיָה לְךָ אָאָרִיָם צַבְּרִים: לְאִ־וּהְיָה לְךָ אָאַרְאָשָׁה אַחַרִים עַל־פָּנָי: לְאִ־חַאֲשָׁה לְאַמָים מַמַעַל וְצַשֶׁר בָּאָרֶץ מַתּחַת וְצַשֶׁר בַּמַים מַתַּחַ מַתּחַת וְצַשֶׁר בַּמַים מָתַחַ לְאָרָין לְאַ־חָשְׁחָדַוּה לָהָ וְלֹא תֶעָבְהֵם כִּי אַנֹנִי יְהוָה אֶלֶהֶיָה אַל קַנָּא פַּקַר עֵוֹן אָבֹת עַל־בָּנִים עַל־שָּׁלָשִׁים וְעַל־רָבֵּעִים לְשְׁנְאָי: וְעָשֶׁה חָסֵר לַאַלְפִים לְאְהֲכֵי וּלְשְׁמְרֵי מִצְּוֹתֵי: לֹא תִשְׁא אֶת־שֵׁם־ יְהָזֶה וְאָלְהֶיךְ לַשְׁוָא כִּי לֹא יְנָאֶה וְהָזֶה אֵת אֲשֶׁר־יִשָּׁא שֶת־שְׁמוּ לַשְׁוָא: זָכוֹר אֶת־יוֹם הַשַּׁבָר וְעָשִׁית כָּל־מְלַאַרְמָהַ וְיוֹם הַשְׁבִיעִי שַׁבֶּת לֵיהוָה

אַנֹכִי זְהּוָה אָלָהָיָה אָשֶׁר הּוּצַאּתִיה מַאָּכָץ מַאָּרַיִם מַבֵּית עַבָּדִים: לְאִ־יִהְיָה לְּהָ אָאָהִים אַחַרִים עַל־פָּנָי: לְאִ־חַעֲשָׁה זְּהַ פָּסֶל וְכָל־חָמוּנָה אֲשָׁר בּשְׁמַים מַמַעַל וְצַשׁׁר בָּמָים מַתַּחַת וְצֵשׁר בַּמַים מַתַּחַת לְאָכֶץ: לְאַ־תִשְׁמַבַוֶה לָהָ וְלֹא תַעֲבְדֵם כִּי אֵנֹכִי יְהוָה וְאַלֶהֶיה אַל כַנָּא פֿקַר עֵון אָר עַל־בָּנִים עַל־שָּלָשִׁים וְעַל־רָבֵּעִים לְשְׁנְאָי: וְעָשֶׁה הֶסֶר לָאַלָפּים לְשְׁנָאָי: וְעָשֶׁה מִצְּוֹתֵי: לֹא תִשָּׁא אֶת־שֵׁם־ יְנָקֶה יְהָוֶה אֵת אֲשֶׁר־יִשָּׁא אֶת־שְׁמוּ לַשָּוְא: זָכוֹר אֶת־יוֹם הַשַּׁבָר וְגָשִוּא: זָכוֹר אֶת־יוֹם הַשֵּׁבָר וְגָשִׁית כָּל־מְלַאַרְמָהָ וְוום הַשְּׁבִיעִי שַׁבֶּת לֵיהוָה

אַנֹכִי וְהַזָּה אָלָהֶיהְ אָשֶׁר הּוּצַאתִיהְ מַאָּכָץ מִצְּרַיִם מִבָּית עַכָּדִים: לְאִ־יִהְיָה לְהְ אָלָהִים אַחֵּרִים עַל־פָּנָי: לְאַ־חַעֲשָׁה לְהַ פָּסָל וְכָל-חָמוּנָה אֲשָׁר בּשָׁמִים מִפַּעַל וְצָשֶׁר בַּמָים מִתַּחַת וְצַשֶׁר בַּמַים מִתַּת בַּשְׁכִין: לְאַ־הִשְׁמַדַנָה לָהָ וְלֹא תַעֲכְדֵם כִּי אֵנֹכִי יְהוָה אַלָּהֶיהְ אַל כַנָּא פֿקַר עֵון אָר עַל־בָּנִים עַל־שָּׁלָשִים וְעַל־רָבֵּעִים לְשְׁנְשָׁי: וְעָשֶׁה הֶסֶר לַאַלָפּים לְשְׁנָשָׁי: וְעָשֶׁה מִצְּוֹתֵי: לֹא תִשָּׁא אֶת־שֵׁם־ יְנָקָה וְהָוֶה אֵת אֲשֶׁר־יִשָּׁא אֶת־שְׁמוּ לַשָּׁוָא: זָכוֹר אֶת־יוֹם הַשַּׁבָּר וְלַקָּרְשׁוּ: שֵׁשֶׁת וְמָים וְתַעַבֹּר וְעָשִׁיתָ כָּל־מְלַאַרְמָהָ וְוום הַשְׁבִיעִי שַׁבֶּת לֵיהוָה

> ישַּלַשִׁים וּלְשָׁמִר אַנֹּרִי וְיעָה אָלָדֶיה אָשָׁרָי וּלְשָׁמִר עַכָּרִים: לְאִ־וְחָנָה אָשֶׁרָים עַכָּרִים: לְאִ־וְחָנָה לְהָ אָשֶׁרִים -שִׁם אָחַרִים עַל־פָּנָי: לְאִ־תְעֲשָׁה כִּי לִאֹ לָק פָּסֶל וְכָל־מְמוּנָה אַשֶׁר יִינִשָּׁא בַּשְׁמַים מִמַעַל וְאֲשֶׁר בָּאָרָזָ יַנְמִים לָאָרָין: לְאִ־תִשְׁמְחַנֶה לָהֶם עַיְמִים לָאָרֶין: לְאַ־תִשְׁמָחַנֶה לָהֶם לַיהנָה יָאָלָדֶירָ אַל קַנָּא פֿקַר עֵון

אָבֹת עַל־בָּגִים עַל־שָׁלֵשִים וְעַל־רָבֵּעִים לְשְׁנִשְׁי: וְעָשֶׁה חָסֶד לֵצַלְפִים לְשְׁנִשְׁי: וְעָשֶׁה מִצְוֹתִי: לֹא תִשְּׁא אֶת־שֵם־ וְיָהַוָּה אֶלהֶיךּ ׳לַשָּׁוּא כִי לֹא וְנַקָּה וְתוֹה אֵת אֲשֶׁרייִשָּׂא הַעַבּד וְעָשִׂיתָ בָּל־מְלֵאַרָּהָ וְיוֹם הַשְׁבִּרעִי שַׁבָּת לֵיהוָ

זַלַשִׁים אַנֹכִי יָהוָה אָלָדֶיךּ אָשֶׁר זְּשִׁיִם אָנֹכִי יָהוָה אָלָדֶיךּ אָשֶׁר זְשִׁיִם עַבָּרִים: לְאִ־יִהְיֶה לְךָ אָאָרִהִים שִם אַהַרִים עַל־פָּנָי: לְאִ־חַעֲשָׁה דִּי לִא לִדָ פָסָל וְבָל־חָמוּנָה אֲשָׁי יִשִּׁי בַּשְׁמִים מִפַּעַל וְאָשֶׁר בָּאָרֶץ יִשִּׁים לָאָרֶץ: לְאַ־תִשְׁקַבַנֶה לָהָכ יִמִים לָאָרֶץ: לְאַ־תִשְׁקַבַנֶה לָהָכ יִמִים לְאָרָץ: לְאַ־תִשְׁקַבַנָה לָהָכ יִמִים לְאָרָץ: לְאַ־תִשְׁקַבַנָה לָהָכ יִהָּה יֵאֶלְהֶיוּך אַל כַנָּא פֹקַר עֵון

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אַנָּי יְהוֹה אָלָדֶיף אָשֶׁר הּוֹצַאתִיף מַאָּרָץ מַצְרַים מַבָּי אַבָּרִים: לְאִ־יִהְיָה לְךָ אָלָחִים אַתִּרִים עַל־פָנָי: לְאִ־מַעֲשֶׁה לְּהָ פַּסֶל וְבָל־חָמוּנָה אֲשֶׁר בַּשְׁמִים מַמַעַל וְאַשֶׁר בָּאָרָשָ מַתַּתַת וְאַשֶׁר בַּמַים מַתַּת גַאָלָרָץ: לְאִ־תִשְׁמַדֵוָה לָהָם וְלֹא מֵעֶיּבָתם כִּי אֵנֹכִי יְהוָה אֶלָהיָה אֵל כַנָּא פֿתַר עֵון אָרָת עַל־בָּנִים עַל־שָׁלָשִׁם וְעַל־רָבֵּעִים לְשְׁנְאָי: וְעָשָׁה הֶסֶר לֵאַלָּפִים לְאָהֲבַי וּלְשָׁטְרֵי מִצְוֹתָי: לֹא הָשָּׁא אֶת־שַם־ יְנָקָה וְהָוָה אֵת אֲשֶׁר־יִשָּׁא גַנְקָר וְהָוֹה אֵת אֲשֶׁר־יִשָּׁא הַשַּׁבָת לְקַרְשׁו: שֵׁשֶׁת יָמִים הַעֵּבָר וְעָשִׁיתָ כָּל־מְלַאַכְּהָךָ: וְיוֹם הַשְּׁבִיעִי שַׁבָּת לֵיהוָה

אַנְּכִי יְהַנָּה אָלָדֶיָה אָשֶׁר וּהְוֹצֵּאתִיּהְ מָאָכָץ מִצְּרַיִם מִבֵּית גַּבָּרִים: לְאִריִהְיָה לְּהָ אָלָדִים אַחֵרִים עַל־פָּנָי: לְאִרַחַעֲשֶׁה יָּהַפַּמִים מִפַּעַל וְבָל־הָמוּנָה אֲשָׁר בּשָׁמַים מִפַּעַל וְבָל-הָמוּנָה אֲשָׁר בּשָׁמַים מִפַּעַל וְבָל-הָמוּנָה אָשָׁר בּשָׁמַים מִפַּעַל וְבָל-הָמוּנָה אָשָׁר וּלָא תָאָרָדֵם כִּי אָנֹכִי יְהוָה וְלֹא תָאָרָדֵם כִּי אַנֹכִי יְהוָה אָבֹת עַל־בָּנִים עַל־שָׁלָשָׁים וְעַל־רִבָּעִים לְשְׁנְאָי: וְעָשָׁה חֶסֶר לֵאַלָפִים לְאָהַבַי וּלְשָׁמָרֵי מְצָוֹתָי: לֹא תִשָּׁא אֶת־שֵם־ וְרָהָה אֶעָלָטִיף לַשָׁוָא כִּי לֹא יְרָהָה אֶעָלָטִיף לַשָּׁוָא כִי לא אֶת־שָׁמוֹ לַשְׁוָא: וָכוֹר אֶת־יוֹם אֶתַעַרָד וְעָשִׁיתָ כָּל־מְלַאַכְּמָך: וְוֹים הַשְׁבִּרעִי שַׁבָּת לַיחוָה

THE TEN COMMANDMENTS



This song is taken from Songs from the Word by John and Lori Odhner. Order the complete book online at http://tinyurl.com/johnandlori. Used by permission.



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Going Up Mount Sinai

Parent Notes

Make a copy for each child. Hand out as children leave.

PARENT NOTE

Dear Parents,

Today we talked about the Lord giving Moses the Ten Commandments on Mount Sinai. Did you know there were loud trumpets and thunder? Here are two songs your child can listen to: *The Ten Commandments*, https:// www.newchurchvineyard.org/resource/song-the-tencommandments/and *Moses Went to Sinai's Peak*, https://www.newchurchvineyard.org/resource/songmoses-went-to-sinais-peak/.

We encourage you to help your child learn the verse below by repeating it once or twice in the morning or before bed.

Memory Verse

He who has My commandments and keeps them, it is he who loves Me. (John 14:21)

	Contraction of the second
אַנכי וְהוָה אָלהֶיך אַשר	אֶבֹת עַל־בָּנִים עַל־שָׁלִשִׁים
הְוֹצֵאתִיךְ מַאֶרֶץ מָצֶרַיָם מְבֵית	ןעַל־רָבֵּעִים לְשְׁנְאֶי: וְעָשֶׁה
עַבָּרִים: לְאִ־יִהְיֶה לְהָ אֵלהִים	חָסֶד לַאֵלָפִים לְאָהֵבִי וּלְשָׁמְרֵי
אַחֵרים עַל־פָּנָי: לְא־תַעֵשָּׁה	מִצְוֹהֶי : לֹא הִשָּׂא אֶת־שֵׁם־
לְדָ פְּסֶל וְבֶל־חְמוּנָה אֵשֶׁר /	וְהַוָּה אֵלהֶיךּ לַשָּוָא כִּי לא
בשמים מפעל ואשר בארץ	יְנַאָּה יְהוֶה אֵת אֲשֶׁר־יִשָּׂא
מתחת ואָשֶׁר בּפּום מתחת	אֶת־שְׁמוֹ לַשְׁוָא: וָכוֹר אֶת־יוֹם
לאָרָץ : לְא־תִשְׁמַםוָה לָהָ⊂	הַשַּׁבָּת לְקַדְשׁוּ: שֵׁשֶׁת וָמִים
ולא תַעָבְדֵם כִּי אֶנֹכִי וְהוָה	: אַנָאַכָּהָד וְעָשִׁיתָ כָּל־מְלַאִכְהָד:
אלהיף אל קנא פקר און	וְיוֹם הַשְׁבִיעִי שַׁבָּת לֵיהוֶה

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commandments/and *Moses Went to Sinai's Peak*, https://www.newchurchvineyard.org/resource/song-moses-went-to-sinais-peak/.

We encourage you to help your child learn the verse below by repeating it once or twice in the morning or before bed.

Memory Verse He who has My commandments and keeps them, it is he who loves Me. (John 14:21)

אַנקי וְהוָה אֵלדֶוּך אֲשֶׁר	אָבֹת עַל־בָּגִים עַל־שָׁלֵשִׁים
הוצאתיה מאָרָץ מצרים מבית	ןעַל־רִבֵּעִים לְשְׂנְאָי: וְעֹשָׂה
צַבְרִים: לְאִ־יְהְיָה לְדָ אֵלֹהִים	חָפָר לַאֵלָפּים לְאָהֵבִי וּלְשְׁמְרֵי
אַחַרים עַל־פָּנָי: לְאִ־תֵעֲשֵׁה	טְצָוֹהֶי : לֹא חִשָּׂא אֶת־שֵׁם־
לְהַ פָּסֶל וְבָל־חָטוֹנָה אַשֶׁר	יְהוֶה אֱלֹהֶיךּ ׳לַשֶׂוְא כִּי לֹא
בשמים סמעל ואשר בארץ	וְגַקָּה וְהוֶה אֵת אֲשֶׁר־יִשָּׂא
ממחת ואשר במים מתחת	אֶת־שְׁמוֹ לַשְׁוָא: וָכוֹר אֶת־יוֹם
לַאָּרָץ : לְארַתִשְׁמַחַוֶה לֶהָ⊏	הַשַּׁבָּת לְקַרְשוֹ: שֵׁשֶׁת יָמִים
וְלֹא תֵעֶקְדֵם כִּי אֶנֹכִי יְהוֶה	: אַעַבד וְעָשִׁיתָ כָּל־מְלַאּכְחֶך
אָלדָיוף אַל קַנָא פֿקַר אָון	וְיוֹם הַשְׁבִיעֵי שֵׁבָּת לֵיהוֶה

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Memory Verse

He who has My commandments and keeps them, it is he who loves Me. (John 14:21)

	and the second se
אַנכי יְהוָה אַלֹהֶיךָ אַשֶׁר	אָבֹת עַל־בָּנִים עַל־שְׁלֵשִׁים
הְוֹצֵאהֵיהְ מֵאֶרֶץ מִצְרַיִם מְבֵית	וְעַל־רְבֵּעִים לְשְׂנְאָי: וְעָשֶׂיה
צַבָּדִים: לְאריִהְיֶה לְךָ אֱלֹהַים	חָסָד לַאַלָּפּים לְאָדֵבֵי וּלְשְׁמָרֵי
אַחֵרים עַל־פָּנָי: לְאִדתַעֲשָׂה	מִצְּוֹתֵי : לא תִשָּׂא אֶת־שֵׁם־
לְךָ פְּקָל וְבֶל־חְמוּנֶה אֲשֶׁר	וְהַוָּה אֶלהֶיף לַשָּׁוְא כִּי לא
בּשְׁמֵיִם מַפּשֵל וָאֲשֶׁר בָּאָרָץ	יְנַאֶּה יְהוֶה אֵת אֲשֶׁר־יִשְׂא
מַהַּחַת וְאֲשֶׁר בַּמֵיִם מַהַּחַת	אֶת־שְׁמוֹ לַשֶּׁוְא: וָכוֹר אֶת־יוֹם
לָאָרָץ : לְאִ־תִשְׁמַחֵנָה לָהָ⊂ ולא מוירדת בי אורו ניויד	הַשַּׁבָּח לְקַרְשוֹ: שֵׁשֶׁת יָמִים
ולא תַעָּבְדֵם כִּי אֲנֹכִי וְתָוֶה אַלהֵיהָ אַל קַנָּא פֹקַר אָון,	ּהַעֲבד וְעָשִׁיתָ כָּל־מְלַאְכְחָדְ: וְיוֹם הַשְׁבִיעֵי שַׁבָּת לֵיהוֶה
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PARENT NOTE

Dear Parents,

Today we talked about the Lord giving Moses the Ten Commandments on Mount Sinai. Did you know there were loud trumpets and thunder? Here are two songs your child can listen to: *The Ten Commandments*, https:// www.newchurchvineyard.org/resource/song-the-tencommandments/and *Moses Went to Sinai's Peak*, https://www.newchurchvineyard.org/resource/songmoses-went-to-sinais-peak/.

We encourage you to help your child learn the verse below by repeating it once or twice in the morning or before bed.

Memory Verse

He who has My commandments and keeps them, it is he who loves Me. (John 14:21)

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אַנקי וְהוֶה אֵלהֶיך אַשֵׁר	אָבֹת עַל־בָּגִים עַל־שָׁלֵשִׁים
הְוֹצֵאתִיהְ מֵאֶרֶץ מִצְרַיָם מִבֵּיח	ועלירבעים לשְׁנָאָי: וְעָשֶׁה
עַבָּדִים: לְאִ־יִחְיֶה לְךָ אֱלֹהִים	הסר לאלפים לאהבי ולשמרי
אַחֵרים עַל־פָּנָי: לארתַעֵשָּׁה	מְעָּוֹהֶי : לֹא הַשָּׂא אֶת־שֵׁם־
לְדָ פְּסָל וְבָל־חָמוּנָה אֵשֶׁר	וְהְוֶה אֶֶלהֶיף לַשֶׁוָא כִּי לא
בשָׁמים ממעל ואשר בָאָרָץ	וְנַקֶּה יְהוֶה אֵת אֲשֶׁר־יִשְׂא
מפתת ואַשֶׁר בּפּוָם מפתת	אֶת־שְׁמוֹ לַשְׁוְא: וָכוֹר אֶת־יוֹם
לָאָרָץ : לְא־תִשְׁמַםֶוֶה לֶהֶ⊂	הַשַּׁבָּת לְלֵקִדְשוֹ: שֵׁשֶׁת יָמִים
וְלֹא תֶעֶבְדֵם כִּי אֱנֹכִי יְתוֶה	יַתַעַבּד וְעָשִׁיתָ כָּל־מְלַאַכְתָד:
אָאָלהָיף אַל קַנָּא פֿקַר אַון '	ויום הַשְׁבִיעִי שֵׁבָּת לֵיהוֶה